



National Alliance on Mental Illness

nami

Southwest
Washington

Categorized Resource Book

Vancouver, Washington

December 2020



This resource book is created and maintained by NAMI Southwest Washington.

Please feel free to share with others.

If you find any incorrect information or have questions, feel free to email us at info@namiswwa.org or call us at 360-695-2823.

NAMI Southwest Washington is an affiliate of the National Alliance on Mental Illness. NAMI is the nation's largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness.

What started as a small group of families gathered around a kitchen table in 1979 has blossomed into the nation's leading voice on mental health. Today, we are an alliance of more than 600 local Affiliates and 48 State Organizations who work in your community to raise awareness and provide support and education that was not previously available to those in need.

NAMI Southwest Washington, or NAMI SW WA is an affiliate of NAMI. We currently serve Clark, Cowlitz, Skamania, and Wahkiakum counties. As an independent 501©3 non-profit organization, NAMI SW WA has access to the excellent educational resources of the national organization and the independent status to create and implement our own innovative programs to serve our local community.

NAMI SW WA advocates for access to services, treatment, and support for individuals and families struggling with mental health challenges; we offer our services at no charge. We are steadfast in our commitment to raising awareness and building our community of hope for all those in need through education, support, and advocacy. We provide unique mental health services that otherwise are unavailable or inaccessible to many individuals and families.

NAMI Southwest Washington
2500 Main St. Suite 120 Vancouver, WA 98660
info@namiswwa.org | 360-695-2823 | www.namiswwa.org

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ADHD/ADD

ADDitude - ADHD Parent Support Group, Facebook

Private online Facebook community for parents of individuals with ADHD, ADD, and related conditions

www.facebook.com/groups/adhdparentsgroup

ADDitude - ADHD Support Group, Facebook

Private online Facebook community for individuals with ADHD, ADD, and related conditions

www.facebook.com/groups/additudemag

CHADD Support, Portland

Adult support group meets 6:30-8 PM, 3rd Tuesday of the month in Conference Room B in the Wilcox Building

2251 NW Marshall St., 97210

www.nw-adhd.com/resources

First Class DLR

Drug-free solutions getting to the root of learning challenges and disordered behaviors

360-573-5523

judy@firstclassdlr.com

www.firstclassdlr.com

NW ADHD Treatment Center, Downtown Portland

Assessments, individual & group therapy, testing, medication management, primary care consultations, couples therapy

971-251-9856

1201 SW 12th Ave. Portland, Suite 224, 97205

www.nw-adhd.com

NW ADHD Treatment Center, East Portland, Boones Ferry Rd.

Assessments, individual & group therapy, testing, medication management, primary care consultations, couples therapy

503-427-2394

18840 SW Boones Ferry Rd., 97062

www.nw-adhd.com

NW ADHD Treatment Center, East Portland, Division St.

Assessments, individual & group therapy, testing, medication management, primary care consultations, couples therapy

503-255-2343

10011 SE Division St., Suite 203, 97266

www.nw-adhd.com

Tricia Walsh-Coughlan, M.S., E.D.

Private counselor who works with children and adolescents with ADHD, ADD, and related conditions

360-521-3092

601 Main St., Suite 201 & 211, 98663

www.vancouvercounselingandtutoring.com

Alzheimer's and Dementia

A Place for Mom

Assisted living, memory care, and nursing homes
866-518-0936
Call for a local advisor,
www.aplaceformom.com

Alzheimer's Association, Oregon & SW WA Chapter

Leading national voluntary organization in Alzheimer's care, support, and research; 24/7 helpline
800-272-3900
www.alz.org

Area Agency on Aging & Disabilities of SW WA

Serves older adults, persons with disabilities and their families
360-694-8144
201 NE 73rd St., Suite 201, 98665
www.helpingelders.org

At Your Place Home Care

Provides in-care and placement services for free to seniors and their family members; open 24/7 for emergency care
360-859-3084
14801 NE 17th Ave. #2, 98685

Caregiver Action Network (CAN)

National organization serving a broad spectrum of family caregivers with free education, peer support, and resources; Helpline open 8 AM - 7 PM EST
855-227-3640
www.caregiveraction.org

Caregiver Education Videos

Care video guide including language, behaviors, refusals to take medication, hallucinations, depression, etc.
www.uclahealth.org/dementia/caregiver-education-videos

CDM Caregiving Services

In-home care agency for the elderly, disabled, and those with dementia and traumatic brain injury
360-896-9695
2300 NE Andresen Rd., 98661
www.cdmcaregiving.org

Dementia Road Map

A guide for family and care partners by the Dementia Action Collaborative of WA State
www.dshs.wa.gov/sites/default/files/AL TSA/stakeholders/documents/AD/Dementia%20Road%20Map%20-%20A%20Guide%20for%20Family%20and%20Care%20Partners.pdf

Early Stage Support Group

At Milwaukie Senior Center, the fourth Thursday of the month from 2-3:30 pm; Call to register & screened
800-272-3900
5440 SE Kellogg Creek Dr., Portland, 97222

Eldercare Locator

Connects you to services for older adults and their families
800-677-1116
www.eldercare.acl.gov

Home and Community Services

Serves people applying for, or receiving public assistance to pay for long term services and supports
360-397-9500
800 NE 136th Ave. Suite 220, 98684
www.dshs.wa.gov/altsa

Living with Dementia Support Group

At Vancouver Trinity Lutheran Church, the second Monday of the month from 1-3 pm; Call to register & screened
800-272-3900
309 W 39th St., 98660

Lotsa Helping Hands

A central place to coordinate meals and support for friends and family
www.lotsahelpinghands.com

Loving Them Forward

Family caregiver support group for non-professional family caregivers who are caring for a loved one; Meets every 3rd Friday from 6:00-7:00 PM
360-524-4344
7305 NE Fourth Plain Blvd, Suite B, 98662
www.lovingthemforward.org

National Caregivers Library

Extensive library for caregivers with articles, forms, checklists, and links to topic-specific external resources
www.caregiverslibrary.org

There is Always Hope

A dementia support group to caretakers of those with memory loss; Several groups all over Vancouver
360-513-5754
9901 NE 7th Ave., Suite 212, 98685
www.hopedementiasupport.org

Asperger's/Autism

Asperger/Autism Parent Support Group

Free group for parents of children ages 11 - 19; Meets the 3rd Saturdays from 6:30-8:00 PM
360-852-8369
305 NE 192nd Ave., 98684
www.facebook.com/groups/aetweenteensocialclub

Autism Empowerment

Support and social groups, kids club, scouting, radio, and magazine
360-852-8369
Call for appointment, 98687
www.autismempowerment.org

Autism Empowerment Support Group

Support group for adults (18+); Free, please bring a snack; Meets the 2nd Fridays from 6:30-8:30 PM
360-852-8369
501 Ellsworth Rd, 98664
www.facebook.com/groups/adultautismsupportgroup

Autism Society of Washington (ASW)

Resources, information, workshops, and more
info@autismsocietyofwa.org,
www.autismsocietyofwa.org/v2

AWEtism We Embrace Support Group

Free group for adults: parents and those on the spectrum, to share experiences; Meets the 3rd Thursdays from 6:30-8:30 PM
503-781-2461
4805 NE Glisan Ave, Rm HCC 6, Portland, 97213
www.facebook.com/groups/awetismweembrace

Center for Autism & Related Disorders (CARD), East Vancouver

Specialized outpatient services and behavior analysis to promote recovery
360-952-7060
120 NE 136th Ave. #220, 98684
www.centerforautism.com

Center for Autism & Related Disorders (CARD), South Vancouver

Specialized outpatient services and behavior analysis to promote recovery
360-605-1881
4101 SE 192 Ave., #101, 98683
www.centerforautism.com

Center for Autism & Related Disorders (CARD), West Vancouver

Specialized outpatient services and behavior analysis to promote recovery
360-571-2432
9901 NE 7th Ave., Suite C-116, 98685
www.centerforautism.com

Discovery Behavior Solutions

Applied Behavior Analysis (ABA) Therapy Services, one-on-one services for children 2 - 20, parent training, and behavioral feeding consultation
360-984-3131
Call to request services,
www.discoverybehaviorsolutions.com

Innovative Services NW

Applied Behavior Analysis (ABA) Therapy Services, one-on-one services for children 2 - 6
360-892-5142 ext 221
9414 NE Fourth Plain Blvd., 98662
www.innovativeservicesnw.org

Special Learning, Inc.

Online-only training for parents, educators, and caregivers of the special needs population
www.special-learning.com

SW WA Tween and Teen Social Club

Group for youth ages 11 - 19 on the autism spectrum, their siblings, and peer mentors; \$10 per family, bring a snack; Meets 3rd Saturdays from 6-9 PM
360-852-8369
305 NE 192nd Ave., 98684
www.facebook.com/groups/aetweenteensocialclub

The Children's Center

Assessments, counseling, and medication services
360-699-2244
13500 SE 7th St., 98683
www.thechildrenscenter.org

Clothing, Food, and Household Goods

Adventist Community Services, Battle Ground

Food and clothing for low-income families; must be North Clark County resident
360-687-3459
11117 NE 189th St., Suite 100, 98604
www.meadowglade.com/battle-ground-adventist-community-services

Adventist Community Services, Clark County

Food and clothing for low-income families; must be Clark County resident
360-695-8632
3114 E Fourth Plain Blvd., 98661
www.clarkcountyacs.com/get-help

Angels of God Food Pantry

Open Sundays, 1:30-4 PM, Wednesdays, 12-2:30 PM; food boxes delivered to low-income senior communities

360-695-7501

2711 NE Andresen Rd., 98661

www.clarkcountyfoodbank.org/foodpantrysites

Babies In Need

Food, clothes and supplies for babies and their mothers. Located at All Saints Episcopal Church

360-573-8106

2206 NW 99th St., 98665

www.babiesinneed.org

Clark County Food Bank

Regional food bank that distributes food and meals; Open Monday-Friday, 8 AM - 5 PM

360-693-0939

6502 NE 47th Ave., 98661

www.clarkcountyfoodbank.org

Community Kitchen, Fruit Valley

Open Tuesdays, 12-2 PM, Thursdays 5-7 PM, Fridays 2-4 PM, Saturdays, 10-12 PM; serves

98660, 98663

360-693-0939

1910 W Fourth Plain Blvd., 98660

www.thekitchenwa.org

Community Kitchen, Walnut Grove

Open Mon, Wed, Friday, 12-2 PM; serves 98661, 98665

360-693-0939

7509 NE 47th Ave., 98661

www.thekitchenwa.org

East Vancouver Community Church

Open 2nd Saturday of every month, 12-3 PM; serves Clark County

360-256-2780

12415 SE 7th St., 98683

www.eastvancouvercommunitychurch.com/ministries

F.I.S.H. of Orchards

Open Monday-Friday 10 AM - 12PM and 12:30 - 2:30 PM; serves 98682, 98684, 98664, 98662, 98683

360-256-2440

6012 NE 110th Ave., 98662

www.fishfororchards.org

F.I.S.H. of Vancouver

Open Monday-Friday, 10 AM - 12pm and 12:30 - 2:30 PM; 1st and 3rd Saturdays, 10 AM - noon
360-695-4903
906 Harney St., 98660
www.fishvancouver.org

Giving Closet

By appointment only
360-993-4800
2804 A&B NE 65th Ave., 98661
www.givingcloset.org

God's Closet, Vancouver

Children's clothing from newborn to large teen; shop days are quarterly; hours 9 AM - 1 PM, first Friday of February, May, August, and November
360-696-2511
9711 NE St John's Rd., 98665
www.facebook.com/godsclosetvancouver

Interfaith Treasure House

Serves Camas and Washougal only. Helps with utilities, rent, food bank, house goods. Call for hours
360-834-5786
91 C St., Washougal, 98671
www.iftth-cw.org

Lewis River Mobile Food Bank, LaCenter Evangelical

Serves North Clark County. Delivery is on the 4th Sunday of the month between 2-4 PM
360-263-5763
111 E Fifth St., La Center, 98629
www.lewisrivermobilefoodbank.org

Lewis River Mobile Food Bank, LaCenter Warehouse

Serves North Clark County. Deliveries are the 1st, 2nd and 4th Sundays of the month
360-263-5763
38615 NE 41st Ave., La Center, 98629
www.lewisrivermobilefoodbank.org

Lewis River Mobile Food Bank, Yacolt

Serves North Clark County. Delivery is on the 3rd Sunday of the month between 2-4 PM
360-263-5763
509 W Cushman, Yacolt, 98675
www.lewisrivermobilefoodbank.org

Live Love Center

Run by Living Hope Church. Provides meals and clothes and winter items. Monday and Wednesday 12:00 - 2:30 PM, Friday 5:00 - 7:30 PM
360-944-3905
2711 NE Andresen Rd., 98661
www.livinghopechurch.com/local-outreach

Lost & Found Café

Serves dinner every Tuesday and Thursday night, 6-7 PM, to anyone in the community who is hungry
360-834-4181
824 NE 4th Ave., Camas, 98607
www.lostandfoundcafe.com

Martha's Pantry

Located at Vancouver United Church of Christ; Open Tuesday 4:00 - 6:45 and Thursdays, 10:00 AM - 12:45 PM; Originally started for people living with HIV/AIDS
360-695-1480
1220 NE 68th St., 98665
www.marthaspantry.org

Meals on Wheels People

Meal delivery service for seniors over 60. The Diner is also located in Clark County; meals cost \$7.39
1-866-788-6325
5303 E Mill Plain Blvd., 98661
www.mowp.org

Neighbors Helping Neighbors

Food and clothing bank. Open Tuesdays and Fridays, 10 AM - 12:30 PM, closed on the 5th Tuesday and 5th Friday of a month. Serves Ridgefield, La Center, Felida, and Salmon Creek
360-887-3354
21814 NW 11th Ave., Ridgefield, 98642
www.ridgefieldneighbors.weebly.com

North County Community Food Bank

Food bank that also offers courses, referrals, and information for healthy living. Open Mon - Fri, 9-11:15 AM, 1:30-3:15 PM. Closed Friday afternoons.
360-687-5007
17 NE 3rd Ave., Battle Ground, 98604
www.nccfoodbank.org

NW Furniture Bank

Connects low-income families and individuals with furniture from their inventory for free. Also has a retail store that sells used and vintage furniture and décor
360-787-7144
1600 Washington St., 98660
www.nwfurniturebank.org

One Life Food Pantry

Food pantry that offers homeless care, nutrition education, and a garden; Serves Sunday at 2 PM; sign up between 9:30 AM-10:00 PM
360-904-1273
1801 Daniels St., 98660
www.welcometoonelife.com

Salvation Army, Longview
Food pantry and meal programs 360-423-3992 1639 10th Ave., Longview, 97632 www.longview.salvationarmy.org
Salvation Army, Vancouver
Food pantry and meal programs 360-892-9050 1500 NE 112th Ave., 98684 www.vancouver.salvationarmy.org/vancouver_us_west
Salvation Army, Washougal
Food pantry and meal programs 360-835-3171 1612 I St., Washougal, 98671 www.washougal.salvationarmy.org
Second Hand Solutions Thrift Store
Mon - Tues, Thurs - Fri, 10 AM - 5 PM, Wed from 11 AM - 5 PM 360-735-5943 915 West 13th Street Vancouver, 98660 www.sheltered.org/second-hand-solutions-thrift-store
Share House
Free meals for homeless and low-income members. Mon - Fri: Breakfast, 7:30-8 AM; Lunch, 12-12:30 PM; Dinner, 5-5:30 PM; Sat - Sun Breakfast, 9-9:30 AM; Dinner 3:30-4 PM 360-448-2121 1115 W 13th St., 98660 www.sharevancouver.org
SixEight Food Pantry
Distributes groceries to members of the community once a week; Serves 98665, 98663, 98685, and 98686 360-524-3778 8802 NW 9th Ave., 98665 www.68church.com/ministries-2/sixeight-food-pantry
St. Vincent de Paul, Battle Ground & North Clark County
Food, clothing, rent assistance, and utility assistance. Mon, Wed, Thurs, Fri, 9:30 AM - 12:30 PM 360-573-7199 11607 NE 87th Ave., Brush Prairie, 98662 www.stjohnsvdpbrushprairie.wordpress.com
St. Vincent de Paul, Camas & Washougal
Food, clothing, rent assistance, and utility assistance. Phone call only, no one on site at St. Thomas. Takes calls Mon-Thurs, 9 AM - 3 PM and Fridays, 9 AM - 12 PM 360-834-2126 ext 251 324 NE Oak St., Camas, 98607 www.svdpstthomas.com

St. Vincent de Paul, Clark County

Food, clothing, rent assistance, and utility assistance. Pantry open Mon, Tues, Thurs, and Fri, 9 AM - 1 PM
360-694-5388
2456 NE Stapleton Rd., 98661
www.svdpvancouverusa.org

The Proto-Cathedral of St. James the Greater

Free meal every Thursday from 5-6:30 PM in the Lower Hall. Distributes clothing on the 3rd Thursday of the month during meal. Food distributed every Friday from 1-2 PM in the Lower Hall
360-693-3052
218 W 12th St., 98660
www.protocathedral.org

Trinity Mission Cupboard

Food pantry open the 3rd Friday of the month from 10 AM - 2 PM
360-693-4271
6700 MacArthur Blvd., 98661
www.trinityvanwa.com

Woodland Action Food Bank and Thrift Store

Food distributed Saturdays, 9:00 - 4:45 PM. Thrift store open Tues - Sat, 11 AM - 4 PM
360-225-9998
736 Davidson Ave., Woodland, 98674
www.woodlandaction.org

Counseling and Mental Health Support

Al-Anola-teen msg line

Support for families and friends of alcoholics
360-693-5781
1-888-4AL-ANON,
www.wa-al-anon.org

Alcoholics Anonymous

For individuals who want to get and stay sober. Crisis number open 24/7
360-694-3870
2203 Fairmount Ave. Suite A, 98661
www.vancouveraa.org

Behavioral Health Ombuds

Provides free and confidential help when you have a concern or complaint about behavioral health services
1-800-696-1401
swbhombuds@gmail.com,
www.clark.wa.gov/community-services/consumer-rights

Catholic Community Services
Mental health services for families and children 360-567-2211 9300 NE Oak View Dr., Suite B, 98662 www.ccsww.org/get-help/wahkiakum-cowlitz-clark-skamania-counties
Children's Home Society of WA, Vancouver
Adoption, child and family counseling, family support, LGBTQ+ youth, and more 360-695-1325 309 W 12th St., 98660 www.childrenshomesociety.org/home
Children's Home Society of WA, Washougal
Child and family counseling, family support, LGBTQ+ youth, and more 360-835-7802 1702 C St., Washougal, 98671 www.childrenshomesociety.org/home
CoDependents Anonymous (CoDA)
For those who desire for health and loving relationships; 12-step program for recovery from codependence 888-444-2359 5040 SW Iowa St., Portland, 97221 www.coda-pdx.org/uploads/1/7/6/2/17624337/pdx_listcodamtg.pdf
Columbia River Mental Health
Adult outpatient services, child and family mental health services, and drug & alcohol services 360-993-3000 6926 NE Fourth Plain Blvd., 98661 www.crmhs.org
Columbia River, Elahan Place
Residential rehabilitation and crisis stabilization program that provides 24-hour supervision 360-253-6019 7415 NE 94th Ave., 98662 www.crmhs.org/what-is-residential-care-at-elahan-place
Columbia River, NorthStar Clinic
Individual and group therapy, dispenses medications to treat addiction to opiates and many forms of pain medication 360-993-3000 6926 NE Fourth Plain Blvd, 98661 www.crmhs.org
Community Integrated Health Services
Assists individuals with mental health and/or SUD in obtaining support, skills, and services necessary to improve their level of function 360-261-6930 1116 14th Ave, Longview, 98632 www.cihealthservices.com

Community Services NW, 39th St.

Mobile crisis unit, first episode psychosis program, outpatient services, addiction services, housing support, and wellness program

360-546-1722

317 E 39th St., 98663

www.csnw.org

Community Services NW, Battle Ground

Mobile crisis unit, first episode psychosis program, outpatient services, addiction services, housing support, and wellness program

360-723-0848

11117 NE 189th St., Suite 301, 98604

www.csnw.org

Community Services NW, Fourth Plain

Mobile crisis unit, first episode psychosis program, outpatient services, addiction services, housing support, and wellness program

360-558-5795

1601 E Fourth Plain Blvd..Bldg 17, 98661

www.csnw.org

Community Services NW, Meriwether

Mobile crisis unit, first episode psychosis program, outpatient services, addiction services, housing support, and wellness program

360-831-0908

6221 NE Fourth Plain Blvd., Suite 130, 98661

www.csnw.org

Community Services NW, Town Plaza

Mobile crisis unit, first episode psychosis program, outpatient services, addiction services, housing support, and wellness program

360-831-0904

5411 E Mill Plain Blvd., Suite 16, 98661

www.csnw.org

Consumer Voices Are Born (CVAB), The REACH Center

Peer support services for individuals with mental health issues; Monday-Friday, 9 AM - 7 PM; Saturday, 9 AM - 5 PM

360-397-8050

1601 E Fourth Plain Blvd., 98661

www.cvabonline.org/reachcenter

CVAB Warmline

Talk to a peer who will provide you with support, understanding, and a listening ear; not a crisis line; 4:00 PM - midnight every day

360-903-2853

www.cvabonline.org/warmline

CVAB, REACH Too
Supports for people seeking recovery from addiction; partners with courts and jail 360-773-8054 10205 NE Fourth Plain Blvd., 98662 www.cvabonline.org/the-reach-center-1
CVAB, Val Ogden Center
Supports furthering individuals employment and educational goals; Serves food; Open Monday-Friday 8:30 AM - 5:30 PM 360-253-4036 10201 NE Fourth Plain Blvd., 98662 www.cvabonline.org/val-ogden-center
Daybreak Youth Services, Inpatient
Treatment for teens with substance abuse and mental health needs, inpatient, evaluation, and wraparound services 360-750-9588 11910 NE 154th St., Brush Prairie, 98606 www.daybreakyouthservices.org
Daybreak Youth Services, Inpatient Female Only
Treatment for teens with substance abuse and mental health needs, inpatient, evaluation, and wraparound services for female and female-identifying 509-624-3227 628 S Cowley St., Spokane, 99202 www.daybreakyouthservices.org
Daybreak Youth Services, Outpatient Brush Prairie
Treatment for teens with substance abuse and mental health needs, outpatient, evaluation, and wraparound services 360-750-9588 11910 NE 154th St., Brush Prairie, 98606 www.daybreakyouthservices.org
Daybreak Youth Services, Outpatient Spokane
Treatment for teens with substance abuse and mental health needs, outpatient, evaluation, and wraparound services 509-927-1688 200 N Mullan Rd., Spokane, 99206 www.daybreakyouthservices.org
Daybreak Youth Services, Outpatient Vancouver
Treatment for teens with substance abuse and mental health needs, outpatient, evaluation, and wraparound services 360-750-6935 11818 SE Mill Plain Blvd., Suite 213 & 307, 98684 www.daybreakyouthservices.org

Great Life Mentoring

Mentoring program for local children in foster care, children of prisoners, or any other high-risk youth, run by Columbia River Mental Health
360-597-7500
9105 NE Highway 99, Suite 201A, 98665
www.greatlifementoring.com

Helping Professionals Wellness Center

Support with substance use, mental health, domestic violence
360-687-0693
5007 NE St Johns Rd., 98661
www.hpwellnesscenter.com

Janus Youth, Yellow Brick Road

Provides information, referrals, and crisis intervention
360-314-5716
738 NE Davis, Portland Ore, 97232
www.janusyouth.org

Lifeline Connections, Camas Office

Mental health and co-occurring disorder services
360-524-7924
329 NE Lechner St., Camas, 98607
www.lifelineconnections.org

Lifeline Connections, Main Campus

Mental health and substance use disorder services, residential treatment for substance abuse
360-397-8246
1601 E Fourth Plain Blvd. #17, 98661
www.lifelineconnections.org

Lifeline Connections, Orchards Office

Mental health, substance use disorder, and problem gambling services
360-984-5577
11719 NE 95th St., Suite A, 98682
www.lifelineconnections.org

Lifeline Connections, Youth/Bellingham Office

Substance use abuse services for youth and adults
360-922-3030
4120 Meridian St., Suite 220, Bellingham, 98226
www.lifelineconnections.org

Lutheran Community Services NW, Counseling

Mental health counseling, case management, and medication management
360-694-5624
3600 Main St., Suite 200, 98663
www.lcsnw.org/program/mental-health-counseling-vancouver

Lutheran Community Services NW, Immigration
Counsel for immigrants about their rights and responsibilities, and also survivors of human trafficking, sexual assault, and more 360-694-5624 3600 Main St., Suite 200, 98663 www.lcsnw.org/program/immigration-counseling-and-advocacy-program
NAMI Multnomah
Support groups and educational classes for individuals and families 503-228-5692 524 NE 52nd Ave., Portland, 97213 www.namimultnomah.org
NAMI Southwest WA
Support groups and educational classes for individuals and families 360-695-2823 2500 Main St., Suite 120, 98660 www.namiswwa.org
Narcotics Anonymous
12-step program for narcotics addiction and 24-hour helpline 360-703-0990 www.swanaonline.org
PeaceHealth Behavioral Health
Mental health counseling and medication management; open Monday-Friday, 8 AM - 4:30 PM 360-696-5300 3400 Main St., 98663 www.peacehealth.org/southwest/behavioral-health
PeaceHealth Behavioral Health, ADAPT Program
Monday-Friday, 8 AM - 3:30 PM voluntary day-program for people living with mental health symptoms 360-696-5300 3400 Main St., 98663 www.peacehealth.org/southwest/behavioral-health/adapt
Recovery Resource Center
A positive recovery environment that includes self-help meetings, educational classes, and a bookstore 360-787-9315 9317 Hwy 99, Suite M, 98665 www.lifelineconnections.org/locations/recoverresourcecenter
SeaMar Behavioral Health, 109th Ct.
Mental health assessments, case management for adults and children, individual and group therapy 360-566-4432 5501 NE 109th Ct., 98662 www.seamar.org/clark-bh-vancouver.html

SeaMar Behavioral Health, Child & Family Services
Mental health assessments, case management for adults and children, individual therapy, family therapy, group therapy, medication management
360-558-5790
11801 NE 65th St., Suite A, 98662
www.seamar.org/clark-bh-family-vancouver.html

SeaMar Behavioral Health, Delaware
Mental health assessments, case management for adults and children, individual and group therapy
360-566-4402
7410 Delaware Ln., 98664
www.seamar.org/clark-bh-vancouver-delaware.html

SeaMar Behavioral Health, Salmon Creek
Mental health assessments, case management for adults and children, individual and group therapy
360-397-9211
14508 NE 20th Ave., 98686
www.seamar.org/clark-bh-vancouver-salmon-creek.html

SeaMar Behavioral Health, Substance Abuse
Mental health assessments, individual and group therapy, substance use disorder treatment
360-558-5790
11801 NE 65th St., Suite C, 98662
www.seamar.org/clark-bh-vancouver-sud.html

SeaMar-CVAB, 39th St.
Outpatient counseling, community support team, DBT, PACT team, wellness program, jail re-entry, addiction programs, homeless services
360-546-1722
317 E 39th St., 98663
www.seamar.org/csnw.html

SeaMar-CVAB, Battle Ground
Outpatient counseling, community support team, DBT, PACT team, wellness program, jail re-entry, addiction programs, homeless services
360-723-0848
11117 NE 189th St., Suite 301, 98604
www.seamar.org/csnw.html

SeaMar-CVAB, Fourth Plain
Outpatient counseling, community support team, DBT, PACT team, wellness program, jail re-entry, addiction programs, homeless services
360-558-5795
1601 E Fourth Plain, Bldg 17, Suite B222, 98661
www.seamar.org/csnw.html

SeaMar-CVAB, Town Plaza

Outpatient counseling, community support team, DBT, PACT team, wellness program, jail re-entry, addiction programs, homeless services
 360-831-0904
 5411 E Mill Plain Blvd., Suite 16, 98661
www.seamar.org/csnw.html

The Children's Center

Mental health services for children including ADHD, sex abuse recovery, and more
 360-699-2244
 13500 SE 7th St., 98683
www.thechildrenscenter.org

Women's Recovery Center

Substance use residential services for women and women with young children
 360-690-3069
 1601 E 4th Plain Blvd Bldg. 17, 98661
www.lifelineconnections.org/hours-phones

Workit Health

100% virtual telemedicine addiction (drugs, alcohol, and behaviors) treatment
www.workithealth.com/schedule-a-clinic-appointment
www.workithealth.com/locations/washington

Xchange Recovery Service

Drug and alcohol support service every Saturday night at 6 PM at Faith Center Church
 360-687-8555
 11608 NE 107th St., 98662
www.driveoutaddiction.com

Day Centers

Friends of the Carpenter

Info, gas, haircuts, clothing, fellowship, gift cards for volunteering. Open Mon - Fri, 9AM - 4PM
 360-750-4752
 1600 W 20th St., 98665
www.friendsofthecarpenter.org

Janus Youth, The Perch

For at-risk youth, ages 15-24, to hang out, take a shower, do laundry, or get food. Open Mon - Fri, 9AM - 3:30 PM
 360-314-5716
 call for address,
www.janusyouth.org

Salvation Army Hygiene Center

For homeless to get a shower and hygiene kit. Open Tues - Fri, 9AM - 4 PM
360-835-3171
1612 I St., Washougal, 98671
www.washougal.salvationarmy.org

Education Assistance

ESD 112, Specialized Education ESA

Provides free and appropriate education to eligible students in 26 districts in Southwest WA
360-750-7500
2500 NE 65th Ave., 98661
www.esd112.org/special-services/special-education-esa

Individualized Education Program

A special education program carefully written and is reviewed at least once a year by a team for children with a disability
www.wapave.org/idea-the-foundation-of-special-education

Partnerships for Action, Voices for Empowerment (PAVE)

Family to Family Health & Information Center services families who have children and youth, birth - 26 years, with special health care needs
www.wapave.org

The Arc of Cowlitz County

Guidance and Engagement services, long-term services to assist participation in activities, parent to parent support
360-577-9093
906 New York St., Longview, 98632
www.lifeworkswa.org/arc

The Arc of Cowlitz County, Respite Program

Gives families a break from day to day care for their child/children with developmental disabilities
360-425-5494
906 New York St., Longview, 98632
www.lifeworkswa.org/arc

The Arc, Southwest Washington

Community inclusion, guidance, and engagement services, supported living, payee/guardianship services
360-254-1562
6511 E 18th St., 98661
www.arcswwa.org

The Arc, Southwest Washington, Respite Program

Gives families a break from day to day care for their child/children with developmental disabilities
360-254-1562 ext 104
6511 E 18th St., 98661
www.arcswwa.org/programs/respite

Employment Assistance

Bridgeview Resource Center

Employment, education, health resources for families and individuals
360-737-2950
505 Omaha Way, 98661
www.bridgeviewresourcecenter.org

Clearview Employment Services

Career counseling, vocationally related case management, support, job coaching, and assessments
360-750-7012
6926 NE Fourth Plain Blvd., 98661
www.crmhs.org/community-services

CVAB, Val Ogden Center

Supports furthering individuals employment and educational goals; Serves food; Open Monday-Friday 8:30 AM - 5:30 PM
360-253-4036
10201 NE Fourth Plain Blvd., 98662
www.cvabonline.org/val-ogden-center

DSHS Vocational Rehabilitation, Kelso

Vocational Rehab services designed to help you prepare, get, keep, or advance in a job. Mon-Fri, 8AM - 5PM
360-501-2499
711 Vine St., Suite B, 98626
www.dshs.wa.gov/dvr

DSHS Vocational Rehabilitation, Vancouver

Vocational Rehab services designed to help you prepare, get, keep, or advance in a job. Mon-Fri, 8AM - 5PM
360-397-9960
800 NE 136th Ave., Suite 230, 98684
www.dshs.wa.gov/dvr

GoodWill Job Connection, Battle Ground

Build career skills, get job support, and learn English. Open Wed - Fri, 9 AM - 5:30 PM
360-687-2444
101 NW 20th Ave., 98604
www.goodwilljobconnection.org

GoodWill Job Connection, Fisher's Landing

Build career skills, get job support, and learn English. Open Tues, Thurs, 9 AM - 5:30 PM
360-896-3131
1200 SE 162nd Ave., 98683
www.goodwilljobconnection.org

GoodWill Job Connection, Hazel Dell

Build career skills, get job support, and learn English. Open Mon - Wed, 9 AM - 5:30 PM
360-576-9916
1600 NE 78th St., 98665
www.goodwilljobconnection.org

GoodWill Job Connection, Orchards

Build career skills, get job support, and learn English. Open Mon, Tues, Fri, 9 AM - 5:30 PM
360-869-7521
14201 NE Fourth Plain Blvd., 98682
www.goodwilljobconnection.org

GoodWill Job Connection, Salmon Creek

Build career skills, get job support, and learn English. Open Mon - Wed, 9 AM - 5:30 PM
360-574-3998
14300 NE 20th Ave., 98686
www.goodwilljobconnection.org

GoodWill Job Connection, Vancouver

Build career skills, get job support, and learn English. Open Mon - Fri, 8 AM - 4:30 PM
360-695-4669
6425 NE Fourth Plain Blvd., 98661
www.goodwilljobconnection.org

Hunger For Success

Training program for resume building, college entrance, job placement services, job mentoring, and more
360-435-7447
Camas, 98607
www.helpH4S.org

Innovative Services NW

Helps with career development and assists in job placement for individuals with developmental disabilities
360-892-5142
9414 NE Fourth Plain Blvd., 98662
www.innovativeservicesnw.org/services/employment-services

Partners in Careers (PIC)

Job training and employment services. Open Mon - Fri, 8AM - 4PM
360-696-8417
3210 NE 52nd St., 98663
www.partnersincareers.org

VA Vocational Rehab and Employment Office

Education and career counseling, transition assistance, vocational rehabilitation, and employment assistance

503-412-4577

1601 E Fourth Plain Blvd., Bldg 18, 98661

www.portland.va.gov/locations/vancouver.asp

WorkSource, Cowlitz

Workshops, hiring events, connects employers and job seekers. Open Mon-Thur, 8 AM - 5 PM, Fri 9:30 AM - 5 PM

360-577-2250

305 S Pacific Ave., Suite 101, 98626

www.worksourcewa.com

WorkSource, Vancouver

Workshops, hiring events, connects employers and job seekers. Open Mon - Tues, Thur - Fri, 8 AM - 5 PM, Wed 9:30 AM - 5 PM

360-735-5000

204 SE Stonemill Dr., Suite 215, 98684

www.worksourcewa.com

Financial Assistance

AARP Tax Aids, Fort Vancouver Regional Libraries

Free assistance with taxes between February 1 through April 15. Check website for schedule & locations

www.fvrl.org/tax-help

DSHS Child Support, Vancouver

Child support payments, applications to apply for support, provides info and resources. Mon-Fri, 8AM - 5PM

1-800-422-5437

800 NE 136th Ave., Suite 210, 98684

www.dshs.wa.gov/child-support

DSHS Refugee Cash Assistance

Provides cash and medical assistance during a refugee's first 8 months in the US

877-501-2233

800 NE 136th Ave., Suite 210, 98684

www.dshs.wa.gov/esa/community-services-offices/refugee-cash-assistance

DSHS Temporary Assistance for Needy Families

Provides temporary cash for families in need, must participate in the WorkFirst Program. Call Mon - Fri, 8AM - 5PM

877-501-2233

800 NE 136th Ave., Suite 210, 98684

www.dshs.wa.gov/esa/community-services-offices/tanf-and-support-services

Lighthouse Resource Center
Financial empowerment counseling, financial education workshops, free tax prep services 360-690-4496 1910 W Fourth Plain Blvd., Suite 400, 98660 www.lighthouseresourcecenter.org

Mission Possible Employment Services
Helps with social security disability including initial applications, appeals, and hearings; no fees unless you are approved 360-798-2920 12214 SE Mill Plain Blvd., 98684 www.mpes.net

Share IDA Program
Bank savings accounts for a future asset like a house, business, or higher education with a 4:1 match 360-952-8204 2306 NE Andresen Rd., 98661 www.sharevancouver.org/programs/share-ida-program

Share IDA Program for Clark College
Provides an 8:1 savings match for students who qualify 360-836-2014 2306 NE Andresen Rd., 98661 www.sharevancouver.org/programs/share-clark-college-foundation-savings-program

Social Security Insurance
Financial support for those with disabilities who cannot work because of medical or severe mental chronic or fatal issues 800-722-1213 805 Broadway St., 98660 www.ssa.gov/benefits/ssi

Washington State ABLE Savings Plan
Allows individuals with disabilities to save money for qualified disability expenses without losing their federal benefits; open 9 AM - 5 PM 1-844-600-2253 www.washingtonstateable.com

Hotlines

211 Info
A wide variety of info and service referrals 211 302 W Lincoln Ave, 98902 www.211info.org

Adult Protective Services

Clark County's hotline to report concerns involving vulnerable adults
877-734-6277

800 NE 136th Ave #220, 98664

www.dshs.wa.gov/altsa/home-and-community-services/report-concerns-involving-vulnerable-adults

Catholic Community Services – Children Crisis Stabilization Service

counseling, housing, medication, employment, etc. to stabilize children and family in crisis within a 90 day period

1-360-567-2211

9300 NE Oak View Dr. Suite B, 98662

www.ccsww.org/get-help/child-youth-family-services/family-behavioral-health/vancouver-family-behavioral-health

Domestic Abuse Hotline (YWCA SafeChoice)

24-hour crisis hotline in Vancouver, WA for domestic abuse

800-695-0167

Non-crisis: 360-695-0501,

www.ywcaclarkcounty.org

Housing Hotline

Council for the Homeless housing hotline to find shelter

360-695-6977

2500 Main St., 98660

www.councilforthehomeless.org

Janus Youth, Oak Bridge Youth Shelter

Provides immediate shelter and crisis intervention to youth who don't have a safe place to go, ages 9-17

888-979-4357

2609 NE 93rd Ave, 98662

www.janusyouth.org/programs/washington-state

Janus Youth, The Perch

A safe place for youth ages 15-24 who need a safe place; Monday - Friday, 9 - 11:30 AM, 12:30 - 3:30 PM

360-314-5716

1501 Columbia Street, 98660

www.janusyouth.org/programs/washington-state

Janus Youth, Yellow Brick Road

Provides information, referrals, and crisis intervention

360-314-5716 503-789-4123

1635 SW Alder St, 97209

www.janusyouth.org

National Hunger Hotline

Text "97779" to the automated service with a question that may contain a keyword such as "food," "summer," "meals", etc.
866-3-HUNGRY
877-8-HAMBRE,
www.hungerfreeamerica.org

National Suicide Prevention Lifeline

24/7/365 free and confidential support for people in distress. Provides prevention and crisis resources for you or your loved ones
800-273-8255
En Espanol 888-628-9454,
www.suicidepreventionlifeline.org

National Youth Crisis Hotline

Provides counseling and referrals to local drug treatment centers, shelters, and abuse centers;
open 24/7
1-800-422-HOPE (4673)

Southwest Washington Crisis Line

Crisis services available 24/7 run by mental health professionals and peer counselors
360-696-9560 800-626-8137
6926 NE Fourth Plain Blvd, 98661
www.wa.beaconhealthoptions.com/about-us/services/swwa-crisis-system

Teen Text Support Line

A peer support teen line, open 12 PM - 10 PM for 14 - 20 year olds; staffed by youth under 23 years of age
207-515-8398

Tenant Union of WA – Tenant Rights Hotline

Housing justice through empowerment-based education, outreach, leadership development, organizing, and advocacy.
1-206-723-0500
5425 Rainier Avenue S Ste. B, 98118
www.tenantsunion.org

The Trevor Project

Crisis line for LGBTQ young people, open 24/7/365
866-488-7386
Text START to 678678,
www.thetrevorproject.org

TransLife Crisis Hotline

Free crisis hotline staffed by operators who are trans identified. If you are trans or questioning and experience a crisis or just need to talk
877-565-8860
www.translifeline.org

Veterans Crisis Line
Crisis Line for Veterans 1-800-273-TALK (8255) www.veteranscrisisline.net

WA State Child Abuse Hotline
Washington State's toll free, 24/7 hotline for suspected child abuse or neglect 1-866-363-4276 www.atg.wa.gov/child-abuse-neglect

Washington Recovery Help Line
24-hour help for substance abuse, problem gambling, and mental health 866-789-1511 www.warecoveryhelpline.org

Washington State Domestic Violence Hotline
We answer the call to support and shift power back to those affected by relationship abuse 1-800-562-6025 www.wscadv.org/get-help-now

Youth Mobile Crisis Intervention (YMCI)
Mobile crisis intervention services from 9 AM - 11 PM, 7 days a week for youth under 18 360-567-2211 9300 NE Oak View Dr., Suite B, 98662 www.ccsww.org

Housing

Cascade AIDS Project SWWA (CAP)
HIV/AIDS health and housing assistance and social support; Monday - Friday, 9 - 5 PM 360-750-7964 100 E 33rd St., Suite 201 A, 98663 www.cascadeaids.org/programs/sw-washington

Cascade AIDS Project, SW WA (CAP)
HIV/AIDS Housing Assistance 360-750-7964 100 E. 33rd St., Suite 201B, 98663 www.capnw.org/housing

Catholic Housing Services
Housing program for low-income individuals, families, seniors, and those with special physical or mental needs 360-213-1023 4723 NW Franklin St, 98663 www.ccsww.org/get-help/housing Email: CatholicHousingServicesInfo@ccsww.org

Central City Concern

Provides housing services including transitional, permanent, and family housing, employment, health, and peer services
971-352-8838
118 NW 3rd Ave., Portland, 97209
www.centralcityconcern.org

New Beginnings Maternity Home

For pregnant women; a safe place for them and their unborn baby Serves Camas and Washougal
360-989-0280
10116 SE 12th St., 98664
www.newbeginningsmaternity.org

Open House Ministries Family Shelter

Helping homeless families by providing shelter and intervention through Christ-centered, life-changing programs.
360-737-0300
900 West 12th St., 98660
www.sheltered.org

Oxford Houses

Self-run, self-supported recovery houses in the Vancouver area
360-984-6334
4009 NE 47th St, 98661
www.oxfordhousing.org

REACH Community Development

Rental communities for low income families and individuals
360-326-4647
4150 SW Moody Ave., Portland, OR, 97239
www.reachcdc.org

Second Step Housing

Provides housing and services to low income families, homeless individuals, and families in a group living environment
360-852-8510
Aurora Place Apartments, 8105 NE Fourth Plain Rd., 98662
www.secondstephousing.org

The Council for the Homeless

Rental assistance, housing or shelter in Clark County Monday – Friday, 9:00 am – 8:30 pm;
Wkends & Holidays, 11:00 am – 8:30 pm
360-695-9677
2306 NE Andresen Rd, 98661
www.councilforthehomeless.org

Vancouver Housing Authority
Subsidized and affordable housing 360-694-2501 2500 Main St., 98660 www.vhausa.org

VHA Special Needs Housing
Vancouver Housing Authority's housing for people with chronic mental illness and/or physical disabilities 360-993-9575 2500 Main St., 98660 www.vhausa.org/subsidized-housing/special-needs-housing

Women's Housing and Transition (WHAT)
Shelter for at-risk women in St. Luke's 360-696-0181 426 E Fourth Plain Blvd., 98663 www.stlukeswa.church

Inpatient and Residential Treatment Facilities

Child Study & Treatment Center
Inpatient psychiatric services for children ages 5 - 17; to be admitted, call the Children's Long-term Inpatient Program 877-501-2233 Lakewood, WA www.dshs.wa.gov/bha/division-state-hospitals/child-study-and-treatment-center

Compass Health-Mukilteo Eval. & Treat. Facility
Adults under 72-hour involuntary detention &/or 14-day commitment in accordance w/ WA St. Invol. Treat. Act. Must be referred by a Designated Mental Health Professional 425-349-8888 10710 Mukilteo Speedway, Mukilteo, WA, 98275 www.compasshealth.org/services/evaluation-treatment-facility

Eastern State Hospital
Inpatient psychiatric hospital for individuals with serious or long-term mental illness 509-565-4000 850 Maple St., Medical Lake, 99022 www.dshs.wa.gov/bha/division-state-hospitals/eastern-state-hospital-overview

Elahan Place
Run by Columbia River Mental Health, residential rehabilitation and crisis stabilization program that provides 24-hour supervision 360-253-6019 7415 NE 94th Ave., 98662 www.crmhs.org/what-is-residential-care-at-elahan-place

Excelsior LifePoint Youth Program

Transition service supporting young adults ages 17.5 - 20 in their pursuit of wellness and independence
509-559-3160
Spokane, 99208
www.excelsiorwellness.org/lifepoint-program

Excelsior Wellness

Inpatient services including evaluation, assessment, and stabilization for psychiatric care or substance use treatment
509-559-3100
3754 W Indian Trail Rd., Spokane, 99208
www.excelsiorwellness.org/residential-services

Harborview Medical Center-Psychiatric Emergency

Psychiatry and psychology consultation is offered to patients receiving care at primary & specialty care clinics at Harborview
206-744-3076
325 Ninth Avenue, Seattle, WA, 98104
www.uwmedicine.org

Kitsap Adult Inpatient Unit

Inpatient psychiatric hospital that treats patients 18 and older on both a voluntary and involuntary basis
360-377-8581
5455 Almira Dr. NE. Bremerton WA, 98311
www.kitsapmentalhealth.org/get-help/crisis-24-7-services/adult-inpatient-services

Kitsap Youth Inpatient Unit

Inpatient psychiatric hospital that treats patients under 18 years old
360-377-8581
5455 Almira Dr. NE. Bremerton WA, 98311
www.hca.wa.gov/health-care-services-supports/behavioral-health-recovery/acute-mental-health-care-inpatient

LifeLine Connections

Inpatient treatment for adults with substance abuse or dual-diagnosis
800-604-0025
1601 E Fourth Plain Blvd., 98661
www.lifelineconnections.org

MultiCare Auburn Medical, Adult Psychiatric, Auburn

Inpatient psychiatric hospital age 18 and over on both a voluntary and involuntary basis
253-545-2336
202 N Division St. Auburn, WA, 98001
www.multicare.org/behavioral-health-inpatient-services

MultiCare Auburn Medical, Adult Psychiatric, Tacoma

Inpatient psychiatric hospital ages 13 through 17 on a voluntary, involuntary and parent-initiated treatment basis with a provider referral
253-403-0556
316 S I St., Tacoma, WA, 98405
www.multicare.org/adolescent-behavioral-health

MultiCare Medical, Adolescent Psychiatric

Inpatient psychiatric hospital for youth ages 13 - 18 on a voluntary or involuntary basis; must be referred by a provider
253-403-0556
316 S I St., Tacoma, 98405
www.multicare.org/adolescent-behavioral-health

Olympia Psychiatry

Adult inpatient psychiatry services are provided at Providence for adults between the ages of 18 and 55, and seniors aged 56 and over
360-493-7060
3425 Ensign RD NE, STE 220 Olympia, WA, 98506
www.washington.providence.org/services-directory/services/p/psychiatric-inpatient-services

Overlake Psychiatric Services, Adult & Geriatric Psychiatric

Inpatient psychiatric hospital that specializes in adult & geriatrics patients with a diagnosis from one of the major psychiatric categories
425-688-5175
1035 116th Ave. NE. Bellevue, WA, 98004
www.overlakehospital.org/department/psychiatric-services

Providence Pacific Campus-Fairfax, Adult Psychiatric

Inpatient psychiatric hospital that treats adults on both a voluntary and involuntarily basis
425-284-8300
916 Pacific Ave. Everett, WA, 98201
www.fairfaxhospital.com/contact

Providence Sacred Heart Medical Center

Inpatient psychiatric hospital that treats adults between the ages of 18 and 55, & seniors aged 56 and over
509-474-3131
101 West 8th Ave. Spokane, WA, 99204
www.washington.providence.org/services-directory/services/p/psychiatric-inpatient-services

Rainer Springs

Inpatient treatment program for adults for mental health, addiction, or co-occurring
360-869-0111
2805 NE 129th St., 98686
<https://rainiersprings.com/programs/inpatient-treatment>

Smokey Point Behavioral Hospital Youth Wing
Specializes in mental health and substance abuse inpatient treatment. 844-202-5555 3955 156th St. NE. Marysville, WA, 98271 www.smokeypointbehavioralhospital.com/inpatient
Smokey Point Behavioral Hospital, Adult Programs
Specializes in mental health and substance abuse inpatient treatment. 844-202-5555 3955 156th St. NE. Marysville, WA, 98271 www.smokeypointbehavioralhospital.com/inpatient
Swedish Hospital, Ballard Center
Inpatient psychiatric hospital that treats ages 18 to 64 & accommodates both voluntary and involuntary admission criteria 206-320-2230 5300 Tallman Ave. NW. Seattle, WA, 98107 www.swedish.org/services/behavioral-health/inpatient-services
Swedish Hospital, Edmonds Center
Inpatient psychiatric hospital that treats ages 18 to 64 & accommodates both voluntary and involuntary admission criteria 425-640-4090 21301 76th Ave. W. Edmonds, WA, 98026 www.swedish.org/services/behavioral-health/inpatient-services
VA American Lake Division
Inpatient psychiatric hospital that treats veterans dealing with military related PTSD, including military sexual trauma 253-582-8440 9600 Veterans Dr SW, Tacoma, WA, 98498 www.pugetsound.va.gov/pressreleases/VA_Puget_Sound.asp
Western State Hospital
Inpatient psychiatric hospital for individuals with serious or long-term mental illness 253-582-8900 9601 Steilacoom Blvd, SW, Lakewood, 98498 www.dshs.wa.gov/bha/division-state-hospitals/western-state-hospital

Involuntary Treatment Laws in WA

Joel's Law
Joel's Law is a petition for initial involuntary detention of a family member when a DMHP and will not detain the individual. www.courts.wa.gov/forms/documents/MP%2001.0600%20Joel's%20Law%20Petition%20for%20Initial%20Detention%20by%20Family%20Guardian...Packet_2019%2010.pdf

Ricky's Law

Ricky's Law was passed to insure that involuntary treatment for substance use for adults and youth.

www.hca.wa.gov/about-hca/behavioral-health-recovery/ricky-s-law-involuntary-treatment-act

Laundry and Shower Services

Food with Friends, Shower Outreach Project

Mobile shower facilities for unsheltered persons

360-723-5791

www.foodwithfriends.net

Janus Youth, The Perch

For at-risk youth, ages 15-24, to hang out, take a shower, do laundry, or get food. Open Mon - Fri, 9AM -3:30 PM

360-314-5716

call for address,

www.janusyouth.org

Laundry Love

Hosts free wash and dry for those in need. Open 6AM - 10PM

2101 St Johns Blvd., 98661

www.facebook.com/laundrylovevancouver

Navigation Center

Day center for homeless with support, activities, bathrooms, showers, laundry, food, and clothing.

Open Mon - Sun, 7AM - 5PM

360-953-8107

2018 Grand Blvd., 98661

www.sharevancouver.org/programs/day-center-at-the-vancouver-navigation-center

Salvation Army, Washougal

Private shower stalls

360-835-3171

1612 I St., Washougal, 98671

www.washougal.salvationarmy.org

Legal Assistance

CLEAR Hotline

Legal referrals for low-income individuals and families. Open between 9:15 AM - 12:15 PM, no criminal cases

1-888-201-1014

www.nwjustice.org/clear-hotline

Community Mediation Services

Mediation service for anyone in a dispute for neighbor(hood)s, parents, small claims, landlord/tenant
360-334-5862
303 E 16th St., Suite 106, 98663
www.mediationclarkcounty.org

Fritzler Law

Attorney Jon M. Fritzler assists with wills and trusts, probate, guardianships, and elder law in Washington and Oregon
360-818-4431
717 E 22nd St., 98663
www.fritzlerlaw.com

InTRUSTment NW

Helps establish and manage financial guardianship and power of attorney for healthcare decisions
360-694-5177
Vancouver, 98666
www.intrustmentnw.com

Joel's Law - Involuntary Detention

Involuntary mental health treatment law. File a petition for initial involuntary detention of a family member
www.dshs.wa.gov/sites/default/files/BHSIA/dbh/Peer%20Support/How%20to%20file%20a%20Joel%27s%20Law%20Petition.pdf

Law Office of Joshua Pops, PLLC

Attorney Joshua Pops, PLLC assists with elder law, estate planning, last wills and trusts, guardianships, and medicaid planning
360-356-7313
1914 Broadway St., 98663
www.joshuapops.com

Lutheran Community Services NW, Victim Services

Crime victim service center that advocates and supports to anyone who identifies as a victim
360-964-5624
3600 Main St., Suite 200, 98663
www.lcsnw.org/program/crime-victim-service-center

Mental Health Advance Directive

Creates an advance directive for mental health treatment that allows an individuals to make decisions in advance about mental health treatment
www.nrc-pad.org/images/stories/PDFs/washingtonpadform.pdf

Mission Possible Employment Services

Helps with social security disability including initial applications, appeals, and hearings; no fees unless you are approved
 360-798-2920
 12214 SE Mill Plain Blvd., 98684
www.mpes.net

Ricky's Law - Involuntary Treatment

Involuntary detainment to a secure withdrawal management and stabilization facility for adult and youth under designated crisis responders orders
www.hca.wa.gov/about-hca/behavioral-health-recovery/ricky-s-law-involuntary-treatment-act

Share Rent Well Program

15-hour tenant education course taught by instructors focused on how to be a successful tenant and neighbor. Ends with housing opportunities
 360-952-8204
www.sharevancouver.org/rent-well-tenant-education-program

Special Needs Alliance

Attorneys for special needs planning including SSDI, special needs trusts, and life care planning
www.specialneedsalliance.org

Washington Law Help

Legal directory, information, and referrals. Runs the CLEAR hotline and the Clark County Volunteer Lawyers
www.washingtonlawhelp.org

Medical, Dental, and Vision Support

Area Agency on Aging & Disabilities SW WA, Clark County

Provides support, information, and other services for seniors, adults with disabilities, and their caregivers, open M-F, 8AM - 5PM
 360-694-8144
 201 NE 73rd St., 98665
www.helpingelders.org

Area Agency on Aging & Disabilities SW WA, Cowlitz County

Provides support, information, and other services for seniors, adults with disabilities, and their caregivers, open M-F, 8AM - 5PM
 360-577-4929
 1338 Commerce Ave., Longview, 98632
www.helpingelders.org

Area Agency on Aging & Disabilities SW WA, Skamania County

Provides support, information, and other services for seniors, adults with disabilities, and their caregivers, open M-F, 8:30AM - 4:30PM
509-727-3990
SW 710 Rock Creek Dr., Stevenson, 98648
www.helpingelders.org

Battle Ground Health Care Free Clinic

Free for people 18-65 with chronic illness, uninsured, underinsured, family income at or less than 300% poverty level
360-687-8941
11117 NE 189th St. #216, 98604
www.battlegroundhealthcare.org

Caring Closet

Provides gently used, durable medical equipment for no cost to those who qualify
360-258-0039
1206-C NE 146th Street, 98685
www.acaringcloset.org

Cascade AIDS Project (CAP), Longview

Offers culturally affirming, trauma-informed services including case management, and HIV/STI testing
360-986-3590
1338 Commerce Ave. Suite 212, 98632
www.cascadeaids.org

Cascade AIDS Project (CAP), Vancouver

Offers culturally affirming, trauma-informed services including case management, and HIV/STI testing
360-750-7964
100 E 33rd St., Suite 201A, 98663
www.cascadeaids.org

Free Clinic of SW WA

Services include medical, dental, vision, adult immunizations, and medical assistance
360-313-1390
4100 Plomondon St., 98661
www.freeclinics.org

Harm Reduction Syringe Services Program

Anonymous syringe exchange and safe syringe disposal, overdose prevention, Hep C testing, HIV testing, safer-sex supplies, resources
360-750-8610
1010 Grand Blvd., 98661
www.clark.wa.gov/public-health/harm-reduction-syringe-services-program

New Day Dental Care

Provides preventive, restorative, periodontal, and prosthodontics care using a sliding scales based on income
360-892-7107
1201 SE Tech Center Dr., Bldg 113, Suite 150, 98683
www.newdaydental.org

New Heights Church Clinic

Free medical and dental clinic for those without medical or dental insurance, Mon-Thurs, 9AM - 4 PM, Thurs 7-9PM
360-694-0355
5912 NE 78th St., 98665
www.newheights.org/new-heights-clinic

Planned Parenthood, Vancouver

Birth control, HIV testing, men's health care, morning-after pill, pregnancy testing, STD testing & treatment, women's health care
1-888-875-7820
11516 SE Mill Plain Blvd., 98684
www.plannedparenthood.org/health-center/washington/vancouver/98684/vancouver-health-center-2455-91400

SeaMar Community Health Centers, Battle Ground

Medical care with a sliding scale or state insurance, specializing in Latinos health, Mon - Fri, 8AM - 5PM
360-342-8060
118 S Parkway Ave., 98604
www.seamar.org/clark-medical-battle-ground.html

SeaMar Community Health Centers, Delaware

Medical care with a sliding scale or state insurance, specializing in Latinos health, Mon - Sat, 8AM - 5PM
360-566-4402
7410 E Delaware Ln., 98664
www.seamar.org/clark-medical-vancouver-delaware.html

SeaMar Community Health Centers, East Vancouver

Medical care with a sliding scale or state insurance, specializing in Latinos health, Mon - Fri, 8AM - 5PM
360-726-6720
19005 SE 34th St., 98683
www.seamar.org/clark-medical-vancouver-eastvancouver.html

SeaMar Community Health Centers, Fourth Plain

Medical care with a sliding scale or state insurance, specializing in Latinos health, Mon - Fri, 8AM - 5PM
360-947-2550
6100 NE Fourth Plain Blvd., 98661
www.seamar.org/clark-medical-vancouver-fourth-plain.html

SeaMar Community Health Centers, Salmon Creek

Medical care with a sliding scale or state insurance, specializing in Latinos health, Mon - Fri, 8AM - 5PM
360-852-9070
14508 NE 20th Ave., Suite 102, 98686
www.seamar.org/clark-medical-vancouver-salmon-creek.html

SeaMar Community Health Centers, Women's Clinic

Medical care with a sliding scale or state insurance, specializing in Latinos health women's health, maternity services, and referrals, Mon - Fri, 8AM - 5PM
360-892-0208
15408 NE 20th Ave., Suite 300, 38686
www.seamar.org/clark-medical-vancouver-womens-health-clinic.html

SeaMar Dental Clinic, East Vancouver

Preventive and emergency dental care for adults and children. Open Mon - Sat, 8AM - 5PM
360-726-6730
19005 SE 34th St., 98683
www.seamar.org/clark-dental-vancouver-eastvancouver.html

SeaMar Dental Clinic, NE 88th

Preventive and emergency dental care for adults and children. Open Mon - Sat, 8AM - 5PM, Saturdays for women and children only
360-574-4074
1412 NE 88th St., 98665
www.seamar.org/clark-dental-vancouver.html

SeaMar Dental Clinic, Salmon Creek

Preventive and emergency dental care for adults and children. Open Mon - Sat, 8AM - 5PM
360-558-5700
14508 NE 20th Ave., Suite 301, 98686
www.seamar.org/clark-dental-vancouver-salmoncreek.html

Statewide Health Insurance Benefits Advisors (SHIBA), Clark County

Free, unbiased, and confidential assistance with Medicare and health care choices
1-800-383-2101 ext 304
6407 NE 117th Ave., Suite B, 98662
www.lowercolumbiacap.org

Statewide Health Insurance Benefits Advisors (SHIBA), Cowlitz County

Free, unbiased, and confidential assistance with Medicare and health care choices
360-425-3430
1526 Commerce Ave., Longview, 98632
www.lowercolumbiacap.org

Vancouver Lions Club

Free or low-cost eyeglasses to residents of Clark County who qualify
www.vancouverlions.org

Parenting Resources

Birthright

24-hour help line and free pregnancy testing, pre-natal care, and maternity support
360-694-8156
214 E 17th St., 98663
www.birthrightwa.org

Cargiver Resources

All types of resources for caregivers specifically about mental illness
www.mhanational.org/national-family-caregivers-month

Catholic Community Services

Provides home and community-based wrap-around services (counseling, housing, medication, employment, etc.) to stabilize children and family in crisis within a 90 day period
360-567-2211
1-800-388-6378,
www.ccsww.org

Children's Home Society of WA

Washington State's oldest and largest nonprofit dedicated to improving the lives of children
360-695-1325
309 W 12th St., 98660
www.childrenshomesociety.org

Early Childhood Education & Assistance Program

ECEAP is a comprehensive preschool program that provides free services and support to eligible children and their families.
360-750-7500
2500 NE 65th Ave., 98661
www.esd112.org/ece/eceap

East County Family Resource Center

Children's Home Society of WA's East County office
360-835-7802
1702 C St., Washougal, 98671
www.childrenshomesociety.org

Educational Opportunities for Children and Families

EOCF is the leading provider of comprehensive early childhood education and family support programs in SW Washington
360-896-9912
17800 SE Mill Plain Blvd. Suite 150, 98683
www.eocfwa.org

Educational Service District 112

Regional service agency to ensure equitable educational opportunities for all students
360-750-7500
2500 NE 65th Ave., 98661
www.esd112.org/about/contact

Innovative Services NW
Serves children 4 weeks to 5 years; free full-day preschool to qualifying families 360-892-5142 9414 NE Fourth Plain Blvd., 98662 www.innovativeservicesnw.org
Options360*
Provides medical and educational services that equip women and their partners during pregnancy 360-687-8943 1706 W Main St., Suite 115, Battle Ground, 98604 www.options360.org
Pathways Pregnancy Clinic
Free pregnancy testing and ultrasounds; Pre-natal care and maternity support 360-834-2829 2926 E Str., Washougal, 98671 www.pathways180.com
Teach One to Lead One
Community mentoring program that teaches universal principles to lead at-risk kids into a life of purpose and potential 360-828-1402 4200 SE Columbia Way Ste F, 98661 www.clarkwa.t111.org
WA State Child Abuse Hotline
Washington State's toll free, 24/7 hotline for suspected child abuse or neglect 1-866-363-4276 www.atg.wa.gov/child-abuse-neglect
WA State Homeless Education Liaison
Support for the education of homeless students in school programs; Melissa Newhouse, melissa.newhouse@vansd.org 360-313-1483 2901 Falk Rd, 98661 www.k12.wa.us/student-success/access-opportunity-education/homeless-education
Y's Care Children's Program
High-quality preschool education to children and families from homeless, transitioning, or low-income circumstances 360-906-9128 3606 Main St., 98663 www.ywcaclarkcounty.org/what-we-do/our-programs/ys-care-childrens-program

PTSD

Compass Whole Health

Counseling that teaches you to manage triggering events and day-to-day management of PTSD symptoms

360-558-7730

515 NE 94th Ave.Suite D, WA, 98665

www.compasswholehealth.com/portfolio-items/ptsd

Rainier Springs

Inpatient/outpatient treatment, partial hospitalization, CBT & MBCT therapy, Trauma-focused groups, holistic therapies, & educational programs

360-869-0111

2805 NE 129th Street, 98686

www.rainiersprings.com/mental-health

The Center - A Place of HOPE

Post-traumatic stress syndrome whole-person care

1-888-771-5166

547 Dayton St Edmonds, WA, 98020

www.aplaceofhope.com

Veteran's Administration

Website for resources, services, & eligibility for Veterans

360-725-2220 & 1-800-562-2308

www.dva.wa.gov/benefits/ptsd

Public Assistance

1 Call/1 Click Trip Resource Center

Provides transportation resource information and offers addiction service options for veterans, seniors, people with disabilities, and low-income populations

360-735-5733

Clark, Cowlitz, Klickitat, Skamania, and Wahkiakum counties,

www.tripresourcecenter.org

Clark Public Utilities, Orchards

Brings electricity to Clark County

360-992-3000

8600 NE 117th Ave., 98662

www.clarkpublicutilities.com

Clark Public Utilities, Vancouver

Brings electricity to Clark County

360-992-3000

1200 Fort Vancouver Way, 98663

www.clarkpublicutilities.com

Columbia River Community Services, Vancouver

Apply for benefits or submit documents, cash or food, Working Connections Child Care, case management. Mon-Fri, 8AM - 5PM
1-877-501-2233
800 NE 136th St Ave. Suite 110, 98684
www.washingtonconnection.org/home

DSHS Child Support Office, Vancouver

Child support payments, applications to apply for support, provides info and resources. Mon-Fri, 8AM - 5PM
360-696-6100
800 NE 136th Ave., Suite 210, 98664
www.dshs.wa.gov/child-support

DSHS Community Services, Kelso

Apply for benefits or submit documents, cash or food, Working Connections Child Care, case management. Mon-Fri, 8AM - 5PM
877-501-2233
711 Vine St., Suite B, 98626

DSHS Developmental Disabilities Administration (DDA), Cowlitz

Assistance for people with developmental disabilities and their families. Mon-Fri, 8AM - 5PM
360-501-2520
711 Vine St., Suite B, 98626
www.dshs.wa.gov/dda

DSHS Developmental Disabilities Administration (DDA), Vancouver

Assistance for people with developmental disabilities and their families. Mon-Fri, 8AM - 5PM
360-418-6108
907 Harney St., Suite 200, 98660
www.dshs.wa.gov/dda

DSHS Vocational Rehabilitation, Kelso

Vocational Rehab services designed to help you prepare, get, keep, or advance in a job. Mon-Fri, 8AM - 5PM
360-501-2499
711 Vine St., Suite B, 98626
www.dshs.wa.gov/dvr

DSHS Vocational Rehabilitation, Vancouver

Vocational Rehab services designed to help you prepare, get, keep, or advance in a job. Mon-Fri, 8AM - 5PM
360-397-9960
800 NE 136th Ave., Suite 230, 98684
www.dshs.wa.gov/dvr

Friends of the Carpenter

Faith-based, non-profit day facility that provides safety, structure, and purpose for vulnerable people
360-750-4752
1600 W 20th St., 98665
www.friendsofthecarpenter.org

Guarantee of Service Plan

Helps eliminate built-up debt, help manage past and future payments, can set monthly maximum
360-992-3000
www.clarkpublicutilities.com/residential-customers/financial-assistance/all-financial-assistance-programs/guarantee-of-service-plan-gosp

Home Energy Assistance Program

Provides grants to help eligible residents pay for heating
1-855-353-4328
www.clarkpublicutilities.com/residential-customers/financial-assistance/all-financial-assistance-programs/home-energy-assistance-program

Human Services Council

Transportation for medical, employment, and any other reason
360-694-6577
120 NE 136th Ave., Suite 215, 98684
www.hsc-wa.org

Operation Warm Heart Financial Assistance

Helps limited-income families, who aren't eligible for other assistance, who are in crisis, pay their electric heating bills
360-992-3000
www.clarkpublicutilities.com/residential-customers/financial-assistance/operation-warm-heart-financial-assistance

Senior Citizen Rate Credit

Gives qualifying seniors a 50% credit on winter electric bills
360-992-3000
www.clarkpublicutilities.com/residential-customers/financial-assistance/all-financial-assistance-programs/senior-citizen-rate-credit

Social Security Administration

Apply for Social Security disability benefits and supplemental security income. Apply for social security care, benefits, appeals, and more
360-696-5651
805 Broadway St., Suite 500, 98660
www.ssa.gov

St. Vincent de Paul, Battle Ground & North Clark County

Food, clothing, rent assistance, and utility assistance. Mon, Wed, Thurs, Fri, 9:30 AM - 12:30 PM
360-573-7199
11607 NE 87th Ave., Brush Prairie, 98662
www.stjohnsvdpbrushprairie.wordpress.com

St. Vincent de Paul, Camas & Washougal

Food, clothing, rent assistance, and utility assistance. Phone call only, no one on site at St. Thomas. Takes calls Mon-Thurs, 9 AM - 3 PM and Fridays, 9 AM - 12 PM
360-834-2126 ext 251
324 NE Oak St., Camas, 98607
www.svdpstthomas.com

St. Vincent de Paul, Clark County

Food, clothing, rent assistance, and utility assistance. Pantry open Mon, Tues, Thurs, and Fri, 9 AM - 1 PM
360-694-5388
2456 NE Stapleton Rd., 98661
www.svdpvancouverusa.org

Washington Connection

Connects families and individuals with food, cash, child care, long-term care, medicare savings, and more
www.washingtonconnection.org/home

Schizophrenia

Community Services Northwest

Program for Assertive Community Treatment (PACT) housing support, symptom management, maintenance of a substance-free lifestyle
360-397-8484
1601 E. 4th Plain Blvd, WA, 98661
www.csnw.org/mental-health

CVAB REACH Center

Discuss topics related to hearing voices, seeing visions, and having unusual or extreme sensory experiences.
(360) 397-8050
1601 E. Fourth Plain Blvd, 98661
www.cvabonline.org

Portland/Vancouver Hearing Voices Network

Oregon based education and support effort dedicated to promoting mental diversity and supporting the voice-hearing community in the Portland and surrounding areas
info@hearingvoicesusa.org
Oregon & surrounding areas,
www.portlandhearingvoices.net
www.hearingvoicesusa.org/find-a-group/details/1/165-vancouver-hearing-voices-social-support-group

Rainier Springs

Inpatient/outpatient treatment, partial hospitalization, CBT & MBCT therapy, Trauma-focused groups, holistic therapies, & educational programs
360-869-0111
2805 NE 129th Street, 98686
www.rainiersprings.com/mental-health

Schizophrenia.com internet community

Schizophrenia Support Forums and in-depth Treatment and Recovery information for families and individuals dealing with schizophrenia.
www.schizophrenia.com

Self-Harm

Cory Anton Counseling

Specializes in OCD, GAD, SAD, panic disorder, phobias, body dysmorphic disorder, trichotillomania, body focused repetitive movements, and dermatillomania
360-637-0716
750 Officers Row, 98661
www.coryantoncounseling.com/therapy-services-vancouver-wa

S.A.F.E. Alternatives (Self-Abuse Finally Ends)

Nationally recognized treatment approach, professional network, and educational resource base, which is committed to helping you and others achieve an end to self-injurious behavior.
1-800-DONT-CUT
www.selfinjury.com

The Recovery Village Ridgefield

Individual and group therapies which can target issues relating to both addiction and self-harm.
360-857-0007
888 Hillhurst Rd, 98642
www.ridgefieldrecovery.com/treatments/co-occurring-disorders/self-harm

Sleep Disorders

American Sleep Apnea Association

Improve the lives of sleep apnea patients through education, services, peer-support, research, and advocacy.
888-293-3650
641 S Street, 20001
www.sleepapnea.org

Circadian Sleep Disorders networks

Independent nonprofit organization dedicated to improving the lives of people with chronic circadian rhythm disorders
4619 Woodfield Rd, 20814
www.circadiansleepdisorders.org

Narcolepsy Network

Support Groups, education, & resources
888-292-6522
PO Box 2178, 98036
www.narcolepsynetwork.org/about-us/contact-us

PeaceHealth Sleep Center

Obstructive Sleep Apnea, Insomnia, Restless Legs Syndrome, Periodic Limb Movement Disorder, Narcolepsy, Parasomnias
360-514-6390
505 NE 87th Ave Suite 460, 98664
www.peacehealth.org/phmg/vancouver/sleep-disorders

Restless Legs Syndrome Foundation

Advocacy, education, & support groups
512-366-9109
3006 Bee Caves Road, Suite D206, 78746
www.rls.org

The Vancouver Clinic Sleep Center, 172nd Ave.

Obstructive Sleep Apnea, Insomnia, Restless Legs Syndrome, Periodic Limb Movement Disorder, Narcolepsy, Parasomnias
360-882-2778
501 SE 172nd Ave, 98684
www.tvc.org/services/sleep-medicine

The Vancouver Clinic Sleep Center, Main St.

Obstructive Sleep Apnea, Insomnia, Restless Legs Syndrome, Periodic Limb Movement Disorder, Narcolepsy, Parasomnias
360-882-2778
2005 W Main Street, 98604
www.tvc.org/services/sleep-medicine

Vancouver Sleep Center, 12th St.

AASM accredited comprehensive sleep center
360-839-4532
16219 S.E. 12th Street, Suite #206, 98683
www.vansleep.net

Vancouver Sleep Center, 139th St.

AASM accredited comprehensive sleep center
360-839-4532
2101 NE 139th ST, Suite #285, 98686
www.vansleep.net

Vancouver Sleep Center, Hudson St.

AASM accredited comprehensive sleep center
360-839-4532
1700 Hudson St, Suite #202, 98632
www.vansleep.net

Traumatic Brain Injury

Brain Injury Alliance of Washington

public awareness, support, and hope for those affected by Brain Injury through education, assistance, and advocacy.
206-467-4800
P.O Box 3044/316 Broadway Suite 305, 98122
www.biawa.org

Brain Injury Resource Center

Consultations, research assistance, case management services, legal services, and in-service training
206-621-8558
PO Box 84151, 98124
www.headinjury.com/nwresources.htm www.headinjury.com

Veterans Resources

Clark County Veterans Assistance Center

Food, clothing, hygiene items, back packs, sleeping bags, coffee, sandwiches, financial and disability claims assistance
360-693-7030
1305 Columbia St., 98660
www.ccvac.net

Housing Hotline

Council for the Homeless housing hotline to find shelter
360-695-6977
2500 Main St., 98660
www.councilforthehomeless.org

Partners in Careers, Homeless Veteran Reintegration Program

Serves homeless veterans seeking housing assistance, employment services, and/or training program connection and support
360-696-8417 ext 115
3210 NE 52nd St., 98663
www.partnersincareers.org

Returning Veterans Project

Provides free, confidential mental and physical health services to post-9/11 war zone veterans and their families
503-954-2259
PO Box 14035 Portland, 97293
www.returningveterans.org

VA Housing Assistance Program

Partners with HUD to find and sustain permanent housing, provides grant and per diem program, low-income case management and support
1-800-698-2411
www.va.gov/homeless/housing.asp

VA Portland Medical Center, Mental Health

Mental health counseling including PTSD, residential rehabilitation, and substance abuse treatment
503-273-5187
1601 E Fourth Plain Blvd., Bldg 11, 98661
www.portland.va.gov/locations/vancouver.asp

VA Portland Medical Center, Vancouver Office

Primary care, mental health, audiology, cardiology, dermatology, ophthalmology, optometry, specialty care, dental services
360-759-1901
1601 E Fourth Plain Blvd., 98661
www.portland.va.gov/locations/vancouver.asp

VA Vocational Rehab and Employment Office

Education and career counseling, transition assistance, vocational rehabilitation, and employment assistance
503-412-4577
1601 E Fourth Plain Blvd., Bldg 18, 98661
www.portland.va.gov/locations/vancouver.asp

Washington Department of Veterans Affairs

Counseling, support center, claims assistance, education and training, employment assistance, housing, and more
1-800-562-2308
1102 Quince St. SE, Olympia, WA,
www.dva.wa.gov

Youth Resources

Children's Home Society of WA, Triple Point

Support groups for lesbian, gay, bisexual, transgender, intersex, queer, and questioning youth ages 11-18
360-695-1325
309 W 12th St., 98660
www.childrenshomesociety.org/clarkcowlitz

Children's Home Society of WA, Vancouver

Adoption, child and family counseling, family support, LGBTQ+ youth, and more
360-695-1325
309 W 12th St., 98660
www.childrenshomesociety.org/home

Children's Home Society of WA, Washougal

Child and family counseling, family support, LGBTQ+ youth, and more
360-835-7802
1702 C St., Washougal, 98671
www.childrenshomesociety.org/home

Clark County Crisis Line

Call when in a mental health or substance use crisis, can send out a mobile crisis unit
360-696-9560
800-626-8137,
www.wa.beaconhealthoptions.com/individuals-families

Clark County Teen Talk

Warmline and peer-to-peer support for teens. Mon - Thurs, 4 - 9 PM; Fri, 4 - 7 PM
360-397-2428/text 360-984-0936
www.ccteentalk.clark.wa.gov

Clark County Youth House

Youth empowerment center for at-risk youth to prevent substance abuse, provide rolemodels, and counseling
564-397-2075 ext 7823
1012 Esther St., 98660
www.clark.wa.gov/community-services/youth-house

Columbia River Mental Health, Child and Family Services

Children's counseling, case management, group therapy, assessments, medication, and evaluations
360-993-3000
6926 NE Fourth Plain Blvd., 98661
www.crmhs.org/child-and-family

Columbia River, Options Youth Program

For ages 14 - 24 who need housing, employment, education, advocacy, and guidance
360-993-3000
6926 NE Fourth Plain Blvd., 98661
www.crmhs.org/child-and-family

Community Services NW, 39th St.

First episode psychosis program, outpatient services, and addiction treatment
360-546-1722
317 E 39th St., 98663
www.csnw.org

Community Services NW, Battle Ground

First episode psychosis program, outpatient services, and addiction treatment
360-723-0848
11117 NE 189th St., Suite 301, 98604
www.csnw.org

Community Services NW, Fourth Plain

First episode psychosis program, outpatient services, and addiction treatment
360-558-5795
1601 E Fourth Plain Blvd., 98661
www.csnw.org

Community Services NW, Meriwether

First episode psychosis program, outpatient services, and addiction treatment
360-831-0908
6221 NE Fourth Plain Blvd., Suite 130, 98661
www.csnw.org

Community Services NW, Town Plaza

First episode psychosis program, outpatient services, and addiction treatment
360-831-0904
5411 E Mill Plain Blvd., Suite 16, 98661
www.csnw.org

Friends of Children - Main Portland Office

Pairs children who face systemic obstacles and lived through trauma with adult mentors to empower and support them
503-281-6633
44 NE Morris St. Portland, 97212
www.friendspx.org

Friends of Children - Rockwood Program Site

Pairs children who face systemic obstacles and lived through trauma with adult mentors to empower and support them
503-281-6633
44 NE Morris St. Portland, 97212
www.friendspx.org

Great Life Mentoring

Mentoring program for local children in foster care, children of prisoners, or any other high-risk youth
360-597-7500
9105 NE Highway 99, Suite 201A, 98665
www.greatlifementoring.com

Janus Youth, Oak Bridge Youth Shelter

Provides immediate shelter and crisis intervention to youth who don't have a safe place to go, ages 9-17
888-979-4357

Janus Youth, The Perch

For at-risk youth, ages 15-24, to hang out, take a shower, do laundry, or get food. Open Mon - Fri, 9AM -3:30 PM
360-314-5716
call for address,
www.janusyouth.org

Janus Youth, Yellow Brick Road

Provides information, referrals, and crisis intervention
360-314-5716
www.janusyouth.org

Mentors of Boys

Mentors young boys (8 - 11) who do not have father figures in their life and encourages them to be their best
360-433-2776
www.mentorsofboys.org

National Youth Crisis Hotline

Provides counseling and referrals to local drug treatment centers, shelters, and abuse centers; open 24/7
1-800-422-HOPE (4673)

SeaMar Behavioral Health, Child & Family Services

Mental health assessments, case management for adults and children, individual therapy, family therapy, group therapy, medication management
360-558-5790
11801 NE 65th St., Suite A, 98662
www.seamar.org/clark-bh-family-vancouver.html

Teach One to Lead One

Community mentoring program that teaches universal principles to lead at-risk kids into a life of purpose and potential
360-828-1402
4200 SE Columbia Way Ste F, 98661
www.clarkwa.t111.org

The Children's Center
Mental health services for children including ADHD, sex abuse recovery, and more
360-699-2244
13500 SE 7th St., 98683
www.thechildrenscenter.org

Transitional Youth
Reaching homeless youth on the streets with meals, relationships, and more
503-350-7215
1500 NW 167th Pl., Beaverton, 97006
www.transitionalyouth.org

Transitional Youth, Junction House
Safe and sober house for homeless males 18-25
503-350-7215
Vancouver,
www.transitionalyouth.org/programs

Transitional Youth, Vida's Ark
Safe and sober house for young mothers 18-25 and their babies
503-350-7215
Vancouver,
www.transitionalyouth.org/programs

WA State Homeless Education Liaison
Support for the education of homeless students in school programs; Melissa Newhouse,
melissa.newhouse@vansd.org
360-313-1483
2901 Falk Rd, 98661
www.k12.wa.us/student-success/access-opportunity-education/homeless-education

WA State Child Abuse Hotline
Washington State's toll free, 24/7 hotline for suspected child abuse or neglect
1-866-363-4276
www.atg.wa.gov/child-abuse-neglect

YouthLine, call
Support line for teens 13-21; from 4 - 10 PM every day; adults available all day every day
1-877-968-8491
5100 SW Macadam Ave. Suite 400, Portland, 97239
www.oregonyouthline.org

YouthLine, chat
Chat online with a teen from 4 - 10 PM every day
5100 SW Macadam Ave. Suite 400, Portland, 97239
www.oregonyouthline.org

YouthLine, text

Text "teen2teen" to 839863 from 4 - 10 PM every day
"teen2teen" to 839863
5100 SW Macadam Ave. Suite 400, Portland, 97239
www.oregonyouthline.org

YWCA CASA Program

Advocate for children in the dependency system as a result of abuse, neglect, or abandonment
360-696-0167
3609 Main St., 98663
www.ywcaclarkcounty.org/what-we-do/our-programs/casa