



National Alliance on Mental Illness

nami

Southwest
Washington

Alphabetical Resource Book

Vancouver, Washington

December 2020



This resource book is created and maintained by NAMI Southwest Washington.

Please feel free to share with others.

If you find any incorrect information or have questions, feel free to email us at info@namiswwa.org or call us at 360-695-2823.

NAMI Southwest Washington is an affiliate of the National Alliance on Mental Illness. NAMI is the nation's largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness.

What started as a small group of families gathered around a kitchen table in 1979 has blossomed into the nation's leading voice on mental health. Today, we are an alliance of more than 600 local Affiliates and 48 State Organizations who work in your community to raise awareness and provide support and education that was not previously available to those in need.

NAMI Southwest Washington, or NAMI SW WA is an affiliate of NAMI. We currently serve Clark, Cowlitz, Skamania, and Wahkiakum counties. As an independent 501©3 non-profit organization, NAMI SW WA has access to the excellent educational resources of the national organization and the independent status to create and implement our own innovative programs to serve our local community.

NAMI SW WA advocates for access to services, treatment, and support for individuals and families struggling with mental health challenges; we offer our services at no charge. We are steadfast in our commitment to raising awareness and building our community of hope for all those in need through education, support, and advocacy. We provide unique mental health services that otherwise are unavailable or inaccessible to many individuals and families.

NAMI Southwest Washington
2500 Main St. Suite 120 Vancouver, WA 98660
info@namiswwa.org | 360-695-2823 | www.namiswwa.org

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A

211 Info (Hotlines)

A wide variety of info and service referrals
211
302 W Lincoln Ave, 98902
www.211info.org

A Place for Mom (Alzheimer's and Dementia)

Assisted living, memory care, and nursing homes
866-518-0936
Call for a local advisor
www.aplaceformom.com

AARP Tax Aids, Fort Vancouver Regional Libraries (Financial Assistance)

Free assistance with taxes between February 1 through April 15. Check website for schedule & locations
www.fvrl.org/tax-help

ADDitude - ADHD Parent Support Group, Facebook (ADD/ADHD)

Private online Facebook community for parents of individuals with ADHD, ADD, and related conditions
www.facebook.com/groups/adhdparentsgroup

ADDitude - ADHD Support Group, Facebook (ADD/ADHD)

Private online Facebook community for individuals with ADHD, ADD, and related conditions
www.facebook.com/groups/additudemag

Adult Protective Services (Hotlines)

Clark County's hotline to report concerns involving vulnerable adults
877-734-6277
800 NE 136th Ave #220, 98664
www.dshs.wa.gov/altsa/home-and-community-services/report-concerns-involving-vulnerable-adults

Adventist Community Services, Battle Ground (Clothing, Food, Household Goods)

Food and clothing for low-income families; must be North Clark County resident
360-687-3459
11117 NE 189th St., Suite 100, 98604
www.meadowglade.com/battle-ground-adventist-community-services

Adventist Community Services, Clark County (Clothing, Food, Household Goods)

Food and clothing for low-income families; must be Clark County resident
360-695-8632
3114 E Fourth Plain Blvd., 98661
www.clarkcountyacs.com/get-help

Al-Anon-teen msg line (Counseling and Mental Health Support)
Support for families and friends of alcoholics
360-693-5781
1-888-4AL-ANON
www.wa-al-anon.org

Alcoholics Anonymous (Counseling and Mental Health Support)
For individuals who want to get and stay sober. Crisis number open 24/7
360-694-3870
2203 Fairmount Ave. Suite A, 98661
www.vancouveraa.org

Alzheimer's Association, Oregon & SW WA Chapter (Alzheimer's and Dementia)
Leading national voluntary organization in Alzheimer's care, support, and research; 24/7 helpline
800-272-3900
www.alz.org

American Sleep Apnea Association (Sleep Disorders)
Improve the lives of sleep apnea patients through education, services, peer-support, research, and advocacy.
888-293-3650
641 S Street, 20001
www.sleepapnea.org

Angels of God Food Pantry (Clothing, Food, Household Goods)
Open Sundays, 1:30-4 PM, Wednesdays, 12-2:30 PM; food boxes delivered to low-income senior communities
360-695-7501
2711 NE Andresen Rd., 98661
www.clarkcountyfoodbank.org/foodpantrysites

Area Agency on Aging & Disabilities SW WA, Clark County (Alzheimer's and Dementia, Medical, Dental, and Vision Support)
Provides support, information, and other services for seniors, adults with disabilities, and their caregivers, open M-F, 8AM - 5PM
360-694-8144
201 NE 73rd St., 98665
www.helpingelders.org

Area Agency on Aging & Disabilities SW WA, Cowlitz County (Alzheimer's and Dementia, Medical, Dental, and Vision Support)
Provides support, information, and other services for seniors, adults with disabilities, and their caregivers, open M-F, 8AM - 5PM
360-577-4929
1338 Commerce Ave., Longview, 98632
www.helpingelders.org

Area Agency on Aging & Disabilities SW WA, Skamania County (Alzheimer's and Dementia, Medical, Dental, and Vision Support)

Provides support, information, and other services for seniors, adults with disabilities, and their caregivers, open M-F, 8:30AM - 4:30PM
509-727-3990
SW 710 Rock Creek Dr., Stevenson, 98648
www.helpingelders.org

Asperger/Autism Parent Support Group (Autism and Asperger's)

Free group for parents of children ages 11 - 19; Meets the 3rd Saturdays from 6:30-8:00 PM
360-852-8369
305 NE 192nd Ave., 98684
www.facebook.com/groups/aetweenteensocialclub

At Your Place Home Care (Alzheimer's and Dementia)

Provides in-care and placement services for free to seniors and their family members; open 24/7 for emergency care
360-859-3084
14801 NE 17th Ave. #2, 98685

Autism Empowerment (Autism and Asperger's)

Support and social groups, kids club, scouting, radio, and magazine
360-852-8369
Call for appointment, 98687
www.autismempowerment.org

Autism Empowerment Support Group (Autism and Asperger's)

Support group for adults (18+); Free, please bring a snack; Meets the 2nd Fridays from 6:30-8:30 PM
360-852-8369
501 Ellsworth Rd, 98664
www.facebook.com/groups/adultautismsupportgroup

Autism Society of Washington (ASW) (Autism and Asperger's)

Resources, information, workshops, and more
info@autismsocietyofwa.org
www.autismsocietyofwa.org/v2

AWEtism We Embrace Support Group (Autism and Asperger's)

Free group for adults: parents and those on the spectrum, to share experiences; Meets the 3rd Thursdays from 6:30-8:30 PM
503-781-2461
4805 NE Glisan Ave, Rm HCC 6, Portland, 97213
www.facebook.com/groups/awetismweembrace

B

Babies In Need (Clothing, Food, Household Goods)

Food, clothes and supplies for babies and their mothers. Located at All Saints Episcopal Church
360-573-8106
2206 NW 99th St., 98665
www.babiesinneed.org

Battle Ground Health Care Free Clinic (Medical, Dental, and Vision Support)

Free for people 18-65 with chronic illness, uninsured, underinsured, family income at or less than 300% poverty level
360-687-8941
11117 NE 189th St. #216, 98604
www.battlegroundhealthcare.org

Behavioral Health Ombuds (Counseling and Mental Health Support)

Provides free and confidential help when you have a concern or complaint about behavioral health services
1-800-696-1401
swbhombuds@gmail.com
www.clark.wa.gov/community-services/consumer-rights

Birthright (Parenting Resources)

24-hour help line and free pregnancy testing, pre-natal care, and maternity support
360-694-8156
214 E 17th St., 98663
www.birthrightwa.org

Brain Injury Alliance of Washington (Traumatic Brain Injury)

public awareness, support, and hope for those affected by Brain Injury through education, assistance, and advocacy.
206-467-4800
P.O Box 3044/316 Broadway Suite 305, 98122
www.biawa.org

Brain Injury Resource Center (Traumatic Brain Injury)

Consultations, research assistance, case management services, legal services, and in-service training
206-621-8558
PO Box 84151, 98124
www.headinjury.com/nwresources.htm
www.headinjury.com

Bridgeview Resource Center (Employment Assistance)

Employment, education, health resources for families and individuals
360-737-2950
505 Omaha Way, 98661
www.bridgeviewresourcecenter.org

C

Caregiver Action Network (CAN) (Alzheimer's and Dementia)

National organization serving a broad spectrum of family caregivers with free education, peer support, and resources; Helpline open 8 AM - 7 PM EST
855-227-3640
www.caregiveraction.org

Caregiver Education Videos (Alzheimer's and Dementia)

Care video guide including language, behaviors, refusals to take medication, hallucinations, depression, etc.
www.uclahealth.org/dementia/caregiver-education-videos

Cargiver Resources (Parenting Resources)

All types of resources for caregivers specifically about mental illness
www.mhanational.org/national-family-caregivers-month

Caring Closet (Medical, Dental, and Vision Support)

Provides gently used, durable medical equipment for no cost to those who qualify
360-258-0039
1206-C NE 146th Street, 98685
www.acaringcloset.org

Cascade AIDS Project (CAP), Longview (Medical, Dental, and Vision Support)

Offers culturally affirming, trauma-informed services including case management, and HIV/STI testing
360-986-3590
1338 Commerce Ave., Suite 212, 98632
www.cascadeaids.org

Cascade AIDS Project (CAP), Vancouver (Medical, Dental, and Vision Support)

Offers culturally affirming, trauma-informed services including case management, and HIV/STI testing
360-750-7964
100 E 33rd St., Suite 201A, 98663
www.cascadeaids.org

Cascade AIDS Project SW WA (CAP) (Housing)

HIV-AIDS health and housing assistance and social support; Monday - Friday, 9 - 5 PM
360-750-7964
100 E 33rd St., Suite 201 A, 98663
www.cascadeaids.org/programs/sw-washington

Catholic Community Services (Counseling and Mental Health Support, Parenting Resources, Hotlines)

Provides home and community-based wrap-around services (counseling, housing, medication, employment, etc.) to stabilize children and family in crisis within a 90 day period. Also provides mental health services for families and children

360-567-2211 or 1-800-388-6378
9300 NE Oak View Dr., Suite B, 98662

www.ccsww.org

www.ccsww.org/get-help/wahkiakum-cowlitz-clark-skamania-counties

Catholic Housing Services (Housing)

Housing program for low-income individuals, families, seniors, and those with special physical or mental needs

360-213-1023
4723 NW Franklin St, 98663

www.ccsww.org/get-help/housing

Email: CatholicHousingServicesInfo@ccsww.org

CDM Caregiving Services (Alzheimer's and Dementia)

In-home care agency for the elderly, disabled, and those with dementia and traumatic brain injury

360-896-9695
2300 NE Andresen Rd., 98661

www.cdmcaregiving.org

Center for Autism & Related Disorders (CARD), East Vancouver (Autism and Asperger's)

Specialized outpatient services and behavior analysis to promote recovery

360-952-7060
120 NE 136th Ave. #220, 98684

www.centerforautism.com

Center for Autism & Related Disorders (CARD), South Vancouver (Autism and Asperger's)

Specialized outpatient services and behavior analysis to promote recovery

360-605-1881
4101 SE 192 Ave., #101, 98683

www.centerforautism.com

Center for Autism & Related Disorders (CARD), West Vancouver (Autism and Asperger's)

Specialized outpatient services and behavior analysis to promote recovery

360-571-2432
9901 NE 7th Ave., Suite C-116, 98685

www.centerforautism.com

Central City Concern (Housing)

Provides housing services including transitional, permanent, and family housing, employment, health, and peer services

971-352-8838
118 NW 3rd Ave., Portland, 97209

www.centralcityconcern.org

CHADD Support, Portland (ADD/ADHD)
Adult support group meets 6:30-8 PM, 3rd Tuesday of the month in Conference Room B in the Wilcox Building 2251 NW Marshall St., 97210 www.nw-adhd.com/resources
Child Study & Treatment Center (Inpatient and Residential Treatment Facilities)
Inpatient psychiatric services for children ages 5 - 17; to be admitted, call the Children's Long-term Inpatient Program 877-501-2233 Lakewood, WA, www.dshs.wa.gov/bha/division-state-hospitals/child-study-and-treatment-center
Children's Home Society of WA (Parenting Resources)
Washington State's oldest and largest nonprofit dedicated to improving the lives of children 360-695-1325 309 W 12th St., 98660 www.childrenshomesociety.org
Children's Home Society of WA, Triple Point (Youth Resources)
Support groups for lesbian, gay, bisexual, transgender, intersex, queer, and questioning youth ages 11-18 360-695-1325 309 W 12th St., 98660 www.childrenshomesociety.org/clarkcowlitz
Children's Home Society of WA, Vancouver (Counseling and Mental Health Support, Youth Resources)
Adoption, child and family counseling, family support, LGBTQ+ youth, and more 360-695-1325 309 W 12th St., 98660 www.childrenshomesociety.org/home
Children's Home Society of WA, Washougal (Counseling and Mental Health Support, Youth Resources)
Child and family counseling, family support, LGBTQ+ youth, and more 360-835-7802 1702 C St., Washougal, 98671 www.childrenshomesociety.org/home
Circadian Sleep Disorders networks (Sleep Disorders)
Independent nonprofit organization dedicated to improving the lives of people with chronic circadian rhythm disorders 4619 Woodfield Rd, 20814 www.circadiansleepdisorders.org

Clark County Food Bank (Clothing, Food, Household Goods)

Regional food bank that distributes food and meals; Open Monday-Friday, 8 AM - 5 PM
360-693-0939
6502 NE 47th Ave., 98661
www.clarkcountyfoodbank.org

Clark County Teen Talk (Youth Resources)

Warmline and peer-to-peer support for teens. Mon - Thurs, 4 - 9 PM; Fri, 4 - 7 PM
360-397-2428/text 360-984-0936
www.ccteentalk.clark.wa.gov

Clark County Veterans Assistance Center (Veterans Resources)

Food, clothing, hygiene items, back packs, sleeping bags, coffee, sandwiches, financial and disability claims assistance
360-693-7030
1305 Columbia St., 98660
www.ccvac.net

Clark County Youth House (Youth Resources)

Youth empowerment center for at-risk youth to prevent substance abuse, provide rolemodels, and counseling
564-397-2075 ext 7823
1012 Esther St., 98660
www.clark.wa.gov/community-services/youth-house

Clark Public Utilities, Orchards (Public Assistance)

Brings electricity to Clark County
360-992-3000
8600 NE 117th Ave., 98662
www.clarkpublicutilities.com

Clark Public Utilities, Vancouver (Public Assistance)

Brings electricity to Clark County
360-992-3000
1200 Fort Vancouver Way, 98663
www.clarkpublicutilities.com

CLEAR Hotline (Legal Assistance)

Legal referrals for low-income individuals and families. Open between 9:15 AM - 12:15 PM, no criminal cases
1-888-201-1014
www.nwjustice.org/clear-hotline

Clearview Employment Services (Employment Assistance)

Career counseling, vocationally related case management, support, job coaching, and assessments
360-750-7012
6926 NE Fourth Plain Blvd., 98661
www.crmhs.org/community-services

CoDependents Anonymous (CoDA) (Counseling and Mental Health Support)

For those who desire for health and loving relationships; 12-step program for recovery from codependence
888-444-2359
5040 SW Iowa St., Portland, 97221
www.coda-pdx.org/uploads/1/7/6/2/17624337/pdx_listcodamtg.pdf

Columbia River Community Services, Vancouver (Public Assistance)

Apply for benefits or submit documents, cash or food, Working Connections Child Care, case management. Mon-Fri, 8AM - 5PM
1-877-501-2233
800 NE 136th St Ave. Suite 110, 98684
www.washingtonconnection.org/home

Columbia River Mental Health (Counseling and Mental Health Support)

Adult outpatient services, child and family mental health services, and drug & alcohol services
360-993-3000
6926 NE Fourth Plain Blvd., 98661
www.crmhs.org

Columbia River Mental Health, Child and Family Services (Youth Resources)

Children's counseling, case management, group therapy, assessments, medication, and evaluations
360-993-3000
6926 NE Fourth Plain Blvd., 98661
www.crmhs.org/child-and-family

Columbia River, Elahan Place (Counseling and Mental Health Support)

Residential rehabilitation and crisis stabilization program that provides 24-hour supervision
360-253-6019
7415 NE 94th Ave., 98662
www.crmhs.org/what-is-residential-care-at-elahan-place

Columbia River, NorthStar Clinic (Counseling and Mental Health Support)

Individual and group therapy, dispenses medications to treat addiction to opiates and many forms of pain medication
360-993-3000
6926 NE Fourth Plain Blvd, 98661
www.crmhs.org

Columbia River, Options Youth Program (Youth Resources)

For ages 14 - 24 who need housing, employment, education, advocacy, and guidance
360-993-3000
6926 NE Fourth Plain Blvd., 98661
www.crmhs.org/child-and-family

Community Integrated Health Services (Counseling and Mental Health Support)

Assists individuals with mental health and/or SUD in obtaining support, skills, and services necessary to improve their level of function
360-261-6930
1116 14th Ave, Longview, 98632
www.cihealthservices.com

Community Kitchen, Fruit Valley (Clothing, Food, Household Goods)

Open Tuesdays, 12-2 PM, Thursdays 5-7 PM, Fridays 2-4 PM, Saturdays, 10-12 PM; serves zip codes 98660, 98663
360-693-0939
1910 W Fourth Plain Blvd., 98660
www.thekitchenwa.org

Community Kitchen, Walnut Grove (Clothing, Food, Household Goods)

Open Mon, Wed, Friday, 12-2 PM; serves 98661, 98665
360-693-0939
7509 NE 47th Ave., 98661
www.thekitchenwa.org

Community Mediation Services (Legal Assistance)

Mediation service for anyone in a dispute for neighbor(hood)s, parents, small claims, landlord/tenant
360-334-5862
303 E 16th St., Suite 106, 98663
www.mediationclarkcounty.org

Community Services NW, 39th St. (Counseling and Mental Health Support, Schizophrenia, Youth Services)

Mobile crisis unit, first episode psychosis program, outpatient services, addiction services, housing support, and wellness program.
360-546-1722
317 E 39th St., 98663
www.csnw.org

Community Services NW, Battle Ground (Counseling and Mental Health Support, Schizophrenia, Youth Services)

Mobile crisis unit, first episode psychosis program, outpatient services, addiction services, housing support, and wellness program
360-723-0848
11117 NE 189th St., Suite 301, 98604
www.csnw.org

Community Services NW, Fourth Plain (Counseling and Mental Health Support, Schizophrenia, Youth Services)

Mobile crisis unit, first episode psychosis program, outpatient services, addiction services, housing support, and wellness program
360-558-5795
1601 E Fourth Plain Blvd..Bldg 17, 98661
www.csnw.org

Community Services NW, Meriwether (Counseling and Mental Health Support, Schizophrenia, Youth Services)

Mobile crisis unit, first episode psychosis program, outpatient services, addiction services, housing support, and wellness program
360-831-0908
6221 NE Fourth Plain Blvd., Suite 130, 98661
www.csnw.org

Community Services NW, Town Plaza (Counseling and Mental Health Support, Schizophrenia, Youth Services)

Mobile crisis unit, first episode psychosis program, outpatient services, addiction services, housing support, and wellness program
360-831-0904
5411 E Mill Plain Blvd., Suite 16, 98661
www.csnw.org

Compass Health-Mukilteo Eval. & Treat. Facility (Inpatient and Residential Treatment Facilities)

Adults under 72-hour involuntary detention &/or 14-day commitment in accordance w/ WA St. Invol. Treat. Act. Must be referred by a Designated Mental Health Professional
425-349-8888
10710 Mukilteo Speedway, Mukilteo, WA, 98275
www.compasshealth.org/services/evaluation-treatment-facility

Compass Whole Health (PTSD)

Counseling that teaches you to manage triggering events and day-to-day management of PTSD symptoms
360-558-7730
515 NE 94th Ave. Suite D, WA, 98665
www.compasswholehealth.com/portfolio-items/ptsd

Consumer Voices Are Born (CVAB), The REACH Center (Counseling and Mental Health Support, Schizophrenia)

Peer support services for individuals with mental health issues; Monday-Friday, 9 AM - 7 PM; Saturday, 9 AM - 5 PM
360-397-8050
1601 E Fourth Plain Blvd., 98661
www.cvabonline.org/reachcenter

Cory Anton Counseling (Self-Harm)

Specializes in OCD, GAD, SAD, panic disorder, phobias, body dysmorphic disorder, trichotillomania, body focused repetitive movements, and dermatillomania
360-637-0716
750 Officers Row, 98661
www.coryantoncounseling.com/therapy-services-vancouver-wa

CVAB Warmline (Counseling and Mental Health Support, Hotlines)

Talk to a peer who will provide you with support, understanding, and a listening ear; not a crisis line; 4:00 PM - midnight every day
360-903-2853
www.cvabonline.org/warmline

CVAB, REACH Too (Counseling and Mental Health Support)

Supports for people seeking recovery from addiction; partners with courts and jail
 360-773-8054
 10205 NE Fourth Plain Blvd., 98662
www.cvabonline.org/the-reach-center-1

CVAB, Val Ogden Center (Counseling and Mental Health Support, Employment Assistance)

Supports furthering individuals employment and educational goals; Serves food; Open Monday-Friday 8:30 AM - 5:30 PM
 360-253-4036
 10201 NE Fourth Plain Blvd., 98662
www.cvabonline.org/val-ogden-center

D**Daybreak Youth Services, Inpatient (Counseling and Mental Health Support)**

Treatment for teens with substance abuse and mental health needs, inpatient, evaluation, and wraparound services
 360-750-9588
 11910 NE 154th St., Brush Prairie, 98606
www.daybreakyouthservices.org

Daybreak Youth Services, Inpatient Female Only (Counseling and Mental Health Support)

Treatment for teens with substance abuse and mental health needs, inpatient, evaluation, and wraparound services for female and female-identifying
 509-624-3227
 628 S Cowley St., Spokane, 99202
www.daybreakyouthservices.org

Daybreak Youth Services, Outpatient Brush Prairie (Counseling and Mental Health Support)

Treatment for teens with substance abuse and mental health needs, outpatient, evaluation, and wraparound services
 360-750-9588
 11910 NE 154th St., Brush Prairie, 98606
www.daybreakyouthservices.org

Daybreak Youth Services, Outpatient Spokane (Counseling and Mental Health Support)

Treatment for teens with substance abuse and mental health needs, outpatient, evaluation, and wraparound services
 509-927-1688
 200 N Mullan Rd., Spokane, 99206
www.daybreakyouthservices.org

Daybreak Youth Services, Outpatient Vancouver (Counseling and Mental Health Support)

Treatment for teens with substance abuse and mental health needs, outpatient, evaluation, and wraparound services
360-750-6935
11818 SE Mill Plain Blvd., Suite 213 & 307, 98684
www.daybreakyouthservices.org

Dementia Road Map (Alzheimer's and Dementia)

A guide for family and care partners by the Dementia Action Collaborative of WA State
www.dshs.wa.gov/sites/default/files/AL TSA/stakeholders/documents/AD/Dementia%20Road%20Map%20-%20A%20Guide%20for%20Family%20and%20Care%20Partners.pdf

Discovery Behavior Solutions (Autism and Asperger's)

Applied Behavior Analysis (ABA) Therapy Services, one-on-one services for children 2 - 20, parent training, and behavioral feeding consultation
360-984-3131
Call to request services,
www.discoverybehaviorsolutions.com

Domestic Abuse Hotline (YWCA SafeChoice) (Hotlines)

24-hour crisis hotline in Vancouver, WA for domestic abuse
800-695-0167
Non-crisis: 360-695-0501,
www.ywcaclarkcounty.org

DSHS Child Support Office, Vancouver (Public Assistance, Financial Assistance)

Child support payments, applications to apply for support, provides info and resources. Mon-Fri, 8AM - 5PM
360-696-6100 or 1-800-422-KIDS (5437)
800 NE 136th Ave., Suite 210, 98664
www.dshs.wa.gov/child-support

DSHS Community Services, Kelso (Public Assistance)

Apply for benefits or submit documents, cash or food, Working Connections Child Care, case management. Mon-Fri, 8AM - 5PM
877-501-2233
711 Vine St., Suite B, 98626

DSHS Developmental Disabilities Administration (DDA), Cowlitz (Public Assistance)

Assistance for people with developmental disabilities and their families. Mon-Fri, 8AM - 5PM
360-501-2520
711 Vine St., Suite B, 98626
www.dshs.wa.gov/dda

DSHS Developmental Disabilities Administration (DDA), Vancouver (Public Assistance)

Assistance for people with developmental disabilities and their families. Mon-Fri, 8AM - 5PM
360-418-6108
907 Harney St., Suite 200, 98660
www.dshs.wa.gov/dda

DSHS Refugee Cash Assistance (Financial Assistance)

Provides cash and medical assistance during a refugee's first 8 months in the US
 877-501-2233
 800 NE 136th Ave., Suite 210, 98684
www.dshs.wa.gov/esa/community-services-offices/refugee-cash-assistance

DSHS Temporary Assistance for Needy Families (Financial Assistance)

Provides temporary cash for families in need, must participate in the WorkFirst Program. Call Mon - Fri, 8AM - 5PM
 877-501-2233
 800 NE 136th Ave., Suite 210, 98684
www.dshs.wa.gov/esa/community-services-offices/tanf-and-support-services

DSHS Vocational Rehabilitation, Kelso (Public Assistance, Employment Assistance)

Vocational Rehab services designed to help you prepare, get, keep, or advance in a job. Mon-Fri, 8AM - 5PM
 360-501-2499
 711 Vine St., Suite B, 98626
www.dshs.wa.gov/dvr

DSHS Vocational Rehabilitation, Vancouver (Public Assistance, Employment Assistance)

Vocational Rehab services designed to help you prepare, get, keep, or advance in a job. Mon-Fri, 8AM - 5PM
 360-397-9960
 800 NE 136th Ave., Suite 230, 98684
www.dshs.wa.gov/dvr

E**Early Childhood Education & Assistance Program (Parenting Resources, Youth Resources)**

ECEAP is a comprehensive preschool program that provides free services and support to eligible children and their families.
 360-750-7500
 2500 NE 65th Ave., 98661
www.esd112.org/ece/eceap

Early Stage Support Group (Alzheimer's and Dementia)

At Milwaukie Senior Center, the fourth Thursday of the month from 2-3:30 pm; Call to register & get screened
 800-272-3900
 5440 SE Kellogg Creek Dr., Portland, 97222

East County Family Resource Center (Parenting Resources)

Children's Home Society of WA's East County office
 360-835-7802
 1702 C St., Washougal, 98671
www.childrenshomesociety.org

East Vancouver Community Church (Clothing, Food, Household Goods)
Open 2nd Saturday of every month, 12-3 PM; serves Clark County 360-256-2780 12415 SE 7th St., 98683 www.eastvancouvercommunitychurch.com/ministries
Eastern State Hospital (Inpatient and Residential Treatment Facilities)
Inpatient psychiatric hospital for individuals with serious or long-term mental illness 509-565-4000 850 Maple St., Medical Lake, 99022 www.dshs.wa.gov/bha/division-state-hospitals/eastern-state-hospital-overview
Educational Opportunities for Children and Families (Parenting Resources)
EOCF is the leading provider of comprehensive early childhood education and family support programs in SW Washington 360-896-9912 17800 SE Mill Plain Blvd. Suite 150, 98683 www.eocfwa.org
Educational Service District 112 (Parenting Resources)
Regional service agency to ensure equitable educational opportunities for all students 360-750-7500 2500 NE 65th Ave., 98661 www.esd112.org/about/contact
Elahan Place (Inpatient and Residential Treatment Facilities)
Run by Columbia River Mental Health, residential rehabilitation and crisis stabilization program that provides 24-hour supervision 360-253-6019 7415 NE 94th Ave., 98662 www.crmhs.org/what-is-residential-care-at-elahan-place
Eldercare Locator (Alzheimer's and Dementia)
Connects you to services for older adults and their families 800-677-1116 www.eldercare.acl.gov
ESD 112, Specialized Education ESA (Education Assistance)
Provides free and appropriate education to eligible students in 26 districts in Southwest WA 360-750-7500 2500 NE 65th Ave., 98661 www.esd112.org/special-services/special-education-esa/
Excelsior LifePoint Youth Program (Inpatient and Residential Treatment Facilities)
Transition service supporting young adults ages 17.5 - 20 in their pursuit of wellness and independence 509-559-3160 Spokane, 99208 www.excelsiorwellness.org/lifepoint-program

Excelsior Wellness (Inpatient and Residential Treatment Facilities)

Inpatient services including evaluation, assessment, and stabilization for psychiatric care or substance use treatment
509-559-3100
3754 W Indian Trail Rd., Spokane, 99208
www.excelsiorwellness.org/residential-services

F**F.I.S.H. of Orchards (Clothing, Food, Household Goods)**

Open Monday-Friday 10 AM - 12PM and 12:30 - 2:30 PM; serves 98682, 98684, 98664, 98662, 98683
360-256-2440
6012 NE 110th Ave., 98662
www.fishforchards.org

F.I.S.H. of Vancouver (Clothing, Food, Household Goods)

Open Monday-Friday, 10 AM - 12pm and 12:30 - 2:30 PM; 1st and 3rd Saturdays, 10 AM - noon
360-695-4903
906 Harney St., 98660
www.fishvancouver.org

First Class DLR (ADD/ADHD)

Drug-free solutions getting to the root of learning challenges and disordered behaviors
360-573-5523
judy@firstclassdlr.com,
www.firstclassdlr.com

Food with Friends, Shower Outreach Project (Laundry and Shower Services)

Mobile shower facilities for unsheltered persons
360-723-5791
www.foodwithfriends.net

Free Clinic of SW WA (Medical, Dental, and Vision Support)

Services include medical, dental, vision, adult immunizations, and medical assistance
360-313-1390
4100 Plomondon St., 98661
www.freeclinics.org

Friends of Children - Main Portland Office (Youth Resources)

Pairs children who face systemic obstacles and lived through trauma with adult mentors to empower and support them
503-281-6633
44 NE Morris St. Portland, 97212
www.friendspx.org

Friends of Children - Rockwood Program Site (Youth Resources)

Pairs children who face systemic obstacles and lived through trauma with adult mentors to empower and support them
 503-281-6633
 44 NE Morris St. Portland, 97212
www.friendspx.org

Friends of the Carpenter (Day Centers)

Faith-based, non-profit day facility that provides safety, structure, and purpose for vulnerable people. Info, gas, haircuts, clothing, fellowship, gift cards for volunteering. Open Mon - Fri, 9AM - 4PM
 360-750-4752
 1600 W 20th St., 98665
www.friendsofthecarpenter.org

Fritzler Law (Legal Assistance)

Attorney Jon M. Fritzler assists with wills and trusts, probate, guardianships, and elder law in Washington and Oregon
 360-818-4431
 717 E 22nd St., 98663
www.fritzlerlaw.com

G**Giving Closet (Clothing, Food, Household Goods)**

By appointment only
 360-993-4800
 2804 A&B NE 65th Ave., 98661
www.givingcloset.org

God's Closet, Vancouver (Clothing, Food, Household Goods)

Children's clothing from newborn to large teen; shop days are quarterly; hours 9 AM - 1 PM, first Friday of February, May, August, and November
 360-696-2511
 9711 NE St John's Rd., 98665
www.facebook.com/godsclosetvancouver

GoodWill Job Connection, Battle Ground (Employment Assistance)

Build career skills, get job support, and learn English. Open Wed - Fri, 9 AM - 5:30 PM
 360-687-2444
 101 NW 20th Ave., 98604
www.goodwilljobconnection.org

GoodWill Job Connection, Fisher's Landing (Employment Assistance)

Build career skills, get job support, and learn English. Open Tues, Thurs, 9 AM - 5:30 PM
 360-896-3131
 1200 SE 162nd Ave., 98683
www.goodwilljobconnection.org

GoodWill Job Connection, Hazel Dell (Employment Assistance)

Build career skills, get job support, and learn English. Open Mon - Wed, 9 AM - 5:30 PM
360-576-9916
1600 NE 78th St., 98665
www.goodwilljobconnection.org

GoodWill Job Connection, Orchards (Employment Assistance)

Build career skills, get job support, and learn English. Open Mon, Tues, Fri, 9 AM - 5:30 PM
360-869-7521
14201 NE Fourth Plain Blvd., 98682
www.goodwilljobconnection.org

GoodWill Job Connection, Salmon Creek (Employment Assistance)

Build career skills, get job support, and learn English. Open Mon - Wed, 9 AM - 5:30 PM
360-574-3998
14300 NE 20th Ave., 98686
www.goodwilljobconnection.org

GoodWill Job Connection, Vancouver (Employment Assistance)

Build career skills, get job support, and learn English. Open Mon - Fri, 8 AM - 4:30 PM
360-695-4669
6425 NE Fourth Plain Blvd., 98661
www.goodwilljobconnection.org

Great Life Mentoring (Counseling and Mental Health Support, Youth Resources)

Mentoring program for local children in foster care, children of prisoners, or any other high-risk youth, run by Columbia River Mental Health
360-597-7500
9105 NE Highway 99, Suite 201A, 98665
www.greatlifementoring.com

Guarantee of Service Plan (Public Assistance)

Helps eliminate built-up debt, help manage past and future payments, can set monthly maximum
360-992-3000
www.clarkpublicutilities.com/residential-customers/financial-assistance/all-financial-assistance-programs/guarantee-of-service-plan-gosp

Harborview Medical Center-Psychiatric Emergency (Inpatient and Residential Treatment Facilities)

Psychiatry and psychology consultation is offered to patients receiving care at primary & specialty care clinics at Harborview
206-744-3076
325 Ninth Avenue, Seattle, WA, 98104
www.uwmedicine.org

Harm Reduction Syringe Services Program (Medical, Dental, and Vision Support)

Anonymous syringe exchange and safe syringe disposal, overdose prevention, Hep C testing, HIV testing, safer-sex supplies, resources
360-750-8610
1010 Grand Blvd., 98661
www.clark.wa.gov/public-health/harm-reduction-syringe-services-program

Helping Professionals Wellness Center (Counseling and Mental Health Support)

Support with substance use, mental health, domestic violence
360-687-0693
5007 NE St Johns Rd., 98661
www.hpwellnesscenter.com

Home and Community Services (Alzheimer's and Dementia)

Serves people applying for, or receiving public assistance to pay for long term services and supports
360-397-9500
800 NE 136th Ave. Suite 220, 98684
www.dshs.wa.gov/altsa

Home Energy Assistance Program (Public Assistance)

Provides grants to help eligible residents pay for heating
1-855-353-4328
www.clarkpublicutilities.com/residential-customers/financial-assistance/all-financial-assistance-programs/home-energy-assistance-program

Housing Hotline (Hotlines, Veterans Resources)

Council for the Homeless housing hotline to find shelter
360-695-6977
2500 Main St., 98660
www.councilforthehomeless.org

Human Services Council (Public Assistance)

Transportation for medical, employment, and any other reason
360-694-6577
120 NE 136th Ave., Suite 215, 98684
www.hsc-wa.org

Hunger For Success (Employment Assistance)

Training program for resume building, college entrance, job placement services, job mentoring, and more
360-435-7447
Camas, 98607
www.helpH4S.org

**Individualized Education Program (Education Assistance)**

A special education program carefully written and is reviewed at least once a year by a team for children with a disability
www.wapave.org/idea-the-foundation-of-special-education

Innovative Services NW (Autism and Asperger's, Employment Assistance)

Applied Behavior Analysis (ABA) Therapy Services, one-on-one services for children 2 – 6. Also helps with career development and assists in job placement for individuals with developmental disabilities. Serves children 4 weeks to 5 years; free full-day preschool to qualifying families
360-892-5142 (ext 221 for ABA)
9414 NE Fourth Plain Blvd., 98662
www.innovativeservicesnw.org

Interfaith Treasure House (Clothing, Food, Household Goods)

Serves Camas and Washougal only. Helps with utilities, rent, food bank, house goods. Call for hours
360-834-5786
91 C St., Washougal, 98671
www.iftw-cw.org

InTRUSTment NW (Legal Assistance)

Helps establish and manage financial guardianship and power of attorney for healthcare decisions
360-694-5177
Vancouver, 98666
www.intrustmentnw.com

Janus Youth, Oak Bridge Youth Shelter (Hotlines, Youth Resources)

Provides immediate shelter and crisis intervention to youth who don't have a safe place to go, ages 9-17
888-979-4357
2609 NE 93rd Ave, 98662
www.janusyouth.org/programs/washington-state

Janus Youth, The Perch (Day Centers, Hotlines, Laundry and Shower Services, Youth Resources)

For at-risk youth, ages 15-24, to hang out, take a shower, do laundry, or get food. Open Mon - Fri, 9AM -3:30 PM
360-314-5716
call for address
www.janusyouth.org

Janus Youth, Yellow Brick Road (Counseling and Mental Health Support, Hotlines, Youth Resources)

Provides information, referrals, and crisis intervention
360-314-5716
738 NE Davis, Portland OR, 97232
www.janusyouth.org

Joel's Law (Involuntary Treatment Laws in WA, Legal Assistance)

Joel's Law is a petition for initial involuntary detention of a family member when a DMHP and will not detain the individual.
www.courts.wa.gov/forms/documents/MP%2001.0600%20Joel's%20Law%20Petition%20for%20Initial%20Detention%20by%20Family%20Guardian...Packet_2019%2010.pdf

K

Kitsap Adult Inpatient Unit (Inpatient and Residential Treatment Facilities)

Inpatient psychiatric hospital that treats patients 18 and older on both a voluntary and involuntary basis

360-377-8581

5455 Almira Dr. NE. Bremerton WA, 98311

www.kitsapmentalhealth.org/get-help/crisis-24-7-services/adult-inpatient-services

Kitsap Youth Inpatient Unit (Inpatient and Residential Treatment Facilities)

Inpatient psychiatric hospital that treats patients under 18 years old

360-377-8581

5455 Almira Dr. NE. Bremerton WA, 98311

www.hca.wa.gov/health-care-services-supports/behavioral-health-recovery/acute-mental-health-care-inpatient

L

Laundry Love (Laundry and Shower Services)

Hosts free wash and dry for those in need. Open 6AM - 10PM

2101 St Johns Blvd., 98661

www.facebook.com/laundrylovevancouver

Law Office of Joshua Pops, PLLC (Legal Assistance)

Attorney Joshua Pops, PLLC assists with elder law, estate planning, last wills and trusts, guardianships, and medicaid planning

360-356-7313

1914 Broadway St., 98663

www.joshuapops.com

Lewis River Mobile Food Bank, LaCenter Evangelical (Clothing, Food, Household Goods)

Serves North Clark County. Delivery is on the 4th Sunday of the month between 2-4 PM

360-263-5763

111 E Fifth St., La Center, 98629

www.lewisrivermobilefoodbank.org

Lewis River Mobile Food Bank, LaCenter Warehouse (Clothing, Food, Household Goods)

Serves North Clark County. Deliveries are the 1st, 2nd and 4th Sundays of the month

360-263-5763

38615 NE 41st Ave., La Center, 98629

www.lewisrivermobilefoodbank.org

Lewis River Mobile Food Bank, Yacolt (Clothing, Food, Household Goods)

Serves North Clark County. Delivery is on the 3rd Sunday of the month between 2-4 PM

360-263-5763

509 W Cushman, Yacolt, 98675

www.lewisrivermobilefoodbank.org

LifeLine Connections (Inpatient and Residential Treatment Facilities)
Inpatient treatment for adults with substance abuse or dual-diagnosis 800-604-0025 1601 E Fourth Plain Blvd., 98661 www.lifelineconnections.org
Lifeline Connections, Camas Office (Counseling and Mental Health Support)
Mental health and co-occurring disorder services 360-524-7924 329 NE Lechner St., Camas, 98607 www.lifelineconnections.org
Lifeline Connections, Main Campus (Counseling and Mental Health Support)
Mental health and substance use disorder services, residential treatment for substance abuse 360-397-8246 1601 E Fourth Plain Blvd. #17, 98661 www.lifelineconnections.org
Lifeline Connections, Orchards Office (Counseling and Mental Health Support)
Mental health, substance use disorder, and problem gambling services 360-984-5577 11719 NE 95th St., Suite A, 98682 www.lifelineconnections.org
Lifeline Connections, Youth/Bellingham Office (Counseling and Mental Health Support)
Substance use abuse services for youth and adults 360-922-3030 4120 Meridian St., Suite 220, Bellingham, 98226 www.lifelineconnections.org
Lighthouse Resource Center (Financial Assistance)
Financial empowerment counseling, financial education workshops, free tax prep services 360-690-4496 1910 W Fourth Plain Blvd., Suite 400, 98660 www.lighthouseresourcecenter.org
Live Love Center (Clothing, Food, Household Goods)
Run by Living Hope Church. Provides meals and clothes and winter items. Monday and Wednesday 12:00 - 2:30 PM, Friday 5:00 - 7:30 PM 360-944-3905 2711 NE Andresen Rd., 98661 www.livinghopechurch.com/local-outreach
Living with Dementia Support Group (Alzheimer's and Dementia)
At Vancouver Trinity Lutheran Church, the second Monday of the month from 1-3 pm; Call to register & screened 800-272-3900 309 W 39th St., 98660

Lost & Found Café (Clothing, Food, Household Goods)

Serves dinner every Tuesday and Thursday night, 6-7 PM, to anyone in the community who is hungry
360-834-4181
824 NE 4th Ave., Camas, 98607
www.lostandfoundcafe.com

Lotsa Helping Hands (Alzheimer's and Dementia)

A central place to coordinate meals and support for friends and family
www.lotsahelpinghands.com

Loving Them Forward (Alzheimer's and Dementia)

Family caregiver support group for non-professional family caregivers who are caring for a loved one; Meets every 3rd Friday from 6:00-7:00 PM
360-524-4344
7305 NE Fourth Plain Blvd, Suite B, 98662
www.lovingthemforward.org

Lutheran Community Services NW, Victim Services (Legal Assistance)

Crime victim service center that advocates and supports to anyone who identifies as a victim; Counsel for immigrants about their rights and responsibilities
360-964-5624
3600 Main St., Suite 200, 98663
www.lcsnw.org/program/crime-victim-service-center

Lutheran Community Services NW, Counseling (Counseling and Mental Health Support)

Mental health counseling, case management, and medication management
360-694-5624
3600 Main St., Suite 200, 98663
www.lcsnw.org/program/mental-health-counseling-vancouver

Lutheran Community Services NW, Immigration (Counseling and Mental Health Support)

Counsel for immigrants about their rights and responsibilities, and also survivors of human trafficking, sexual assault, and more
360-694-5624
3600 Main St., Suite 200, 98663
www.lcsnw.org/program/immigration-counseling-and-advocacy-program

M

Martha's Pantry (Clothing, Food, Household Goods)

Located at Vancouver United Church of Christ; Open Tuesday 4:00 - 6:45 and Thursdays, 10:00 AM - 12:45 PM; Originally started for people living with HIV/AIDS
360-695-1480
1220 NE 68th St., 98665
www.marthaspantry.org

Meals on Wheels People (Clothing, Food, Household Goods)

Meal delivery service for seniors over 60. The Diner is also located in Clark County; meals cost \$7.39
1-866-788-6325
5303 E Mill Plain Blvd., 98661
www.mowp.org

Mental Health Advance Directive (Legal Assistance)

Creates an advance directive for mental health treatment that allows an individuals to make decisions in advance about mental health treatment
www.nrc-pad.org/images/stories/PDFs/washingtonpadform.pdf

Mentors of Boys (Youth Resources)

Mentors young boys (8 - 11) who do not have father figures in their life and encourages them to be their best
360-433-2776
www.mentorsofboys.org

Mission Possible Employment Services (Financial Assistance, Legal Assistance)

Helps with social security disability including initial applications, appeals, and hearings; no fees unless you are approved
360-798-2920
12214 SE Mill Plain Blvd., 98684
www.mpes.net

MultiCare Auburn Medical, Adult Psychiatric, Auburn (Inpatient and Residential Treatment Facilities)

Inpatient psychiatric hospital age 18 and over on both a voluntary and involuntary basis
253-545-2336
202 N Division St. Auburn, WA, 98001
www.multicare.org/behavioral-health-inpatient-services

MultiCare Auburn Medical, Adult Psychiatric, Tacoma (Inpatient and Residential Treatment Facilities)

Inpatient psychiatric hospital ages 13 through 17 on a voluntary, involuntary and parent-initiated treatment basis with a provider referral
253-403-0556
316 S I St., Tacoma, WA, 98405
www.multicare.org/adolescent-behavioral-health

MultiCare Medical, Adolescent Psychiatric (Inpatient and Residential Treatment Facilities)

Inpatient psychiatric hospital for youth ages 13 - 18 on a voluntary or involuntary basis; must be referred by a provider
253-403-0556
316 S I St., Tacoma, 98405
www.multicare.org/adolescent-behavioral-health

N

NAMI Multnomah (Counseling and Mental Health Support)

Support groups and educational classes for individuals and families
503-228-5692
524 NE 52nd Ave., Portland, 97213
www.namimultnomah.org

NAMI Southwest WA (Counseling and Mental Health Support)

Support groups and educational classes for individuals and families
360-695-2823
2500 Main St., Suite 120, 98660
www.namiswwa.org

Narcolepsy Network (Sleep Disorders)

Support Groups, education, & resources
888-292-6522
PO Box 2178, 98036
www.narcolepsynetwork.org/about-us/contact-us

Narcotics Anonymous (Counseling and Mental Health Support)

12-step program for narcotics addiction and 24-hour helpline
360-703-0990
www.swanaonline.org

National Caregivers Library (Alzheimer's and Dementia)

Extensive library for caregivers with articles, forms, checklists, and links to topic-specific external resources
www.caregiverslibrary.org

National Hunger Hotline (Hotlines)

Text "97779" to the automated service with a question that may contain a keyword such as "food," "summer," "meals", etc.
866-3-HUNGRY
877-8-HAMBRE,
www.hungerfreeamerica.org

National Suicide Prevention Lifeline (Hotlines)

24/7/365 free and confidential support for people in distress. Provides prevention and crisis resources for you or your loved ones
800-273-8255
En Espanol 888-628-9454,
www.suicidepreventionlifeline.org

National Youth Crisis Hotline (Hotlines, Youth Resources)

Provides counseling and referrals to local drug treatment centers, shelters, and abuse centers; open 24/7
1-800-422-HOPE (4673)

Navigation Center (Laundry and Shower Services)

Day center for homeless with support, activities, bathrooms, showers, laundry, food, and clothing.
Open Mon - Sun, 7AM - 5PM
360-953-8107
2018 Grand Blvd., 98661
www.sharevancouver.org/programs/day-center-at-the-vancouver-navigation-center

Neighbors Helping Neighbors (Clothing, Food, Household Goods)

Food and clothing bank. Open Tuesdays and Fridays, 10 AM - 12:30 PM, closed on the 5th Tuesday and 5th Friday of a month. Serves Ridgefield, La Center, Felida, and Salmon Creek
360-887-3354
21814 NW 11th Ave., Ridgefield, 98642
www.ridgefieldneighbors.weebly.com

New Beginnings Maternity Home (Housing)

For pregnant women; a safe place for them and their unborn baby Serves Camas and Washougal
360-989-0280
10116 SE 12th St., 98664
www.newbeginningsmaternity.org

New Day Dental Care (Medical, Dental, and Vision Support)

Provides preventive, restorative, periodontal, and prosthodontics care using a sliding scales based on income
360-892-7107
1201 SE Tech Center Dr., Bldg 113, Suite 150, 98683
www.newdaydental.org

New Heights Church Clinic (Medical, Dental, and Vision Support)

Free medical and dental clinic for those without medical or dental insurance, Mon-Thurs, 9AM - 4 PM, Thurs 7-9PM
360-694-0355
5912 NE 78th St., 98665
www.newheights.org/new-heights-clinic

North County Community Food Bank (Clothing, Food, Household Goods)

Food bank that also offers courses, referrals, and information for healthy living. Open Mon - Fri, 9-11:15 AM, 1:30-3:15 PM. Closed Friday afternoons.
360-687-5007
17 NE 3rd Ave., Battle Ground, 98604
www.nccfoodbank.org

NW ADHD Treatment Center, Downtown Portland (ADD/ADHD)

Assessments, individual & group therapy, testing, medication management, primary care consultations, couples therapy
971-251-9856
1201 SW 12th Ave. Portland, Suite 224, 97205
www.nw-adhd.com

NW ADHD Treatment Center, East Portland, Division St. (ADD/ADHD)

Assessments, individual & group therapy, testing, medication management, primary care consultations, couples therapy
503-255-2343
10011 SE Division St., Suite 203, 97266
www.nw-adhd.com

NW ADHD Treatment Center, East Portland, Boones Ferry Rd. (ADD/ADHD)

Assessments, individual & group therapy, testing, medication management, primary care consultations, couples therapy
503-427-2394
18840 SW Boones Ferry Rd., 97062
www.nw-adhd.com

NW Furniture Bank (Clothing, Food, Household Goods)

Connects low-income families and individuals with furniture from their inventory for free. Also has a retail store that sells used and vintage furniture and décor
360-787-7144
1600 Washington St., 98660
www.nwfurniturebank.org

O

Olympia Psychiatry (Inpatient and Residential Treatment Facilities)

Adult inpatient psychiatry services are provided at Providence for adults between the ages of 18 and 55, and seniors aged 56 and over
360-493-7060
3425 Ensign RD NE, STE 220 Olympia, WA, 98506
www.washington.providence.org/services-directory/services/p/psychiatric-inpatient-services

One Life Food Pantry (Clothing, Food, Household Goods)

Food pantry that offers homeless care, nutrition education, and a garden; Serves Sunday at 2 PM; sign up between 9:30 AM-10:00 PM
360-904-1273
1801 Daniels St., 98660
www.welcometoonelife.com

Open House Ministries Family Shelter (Housing)

Helping homeless families by providing shelter and intervention through Christ-centered, life-changing programs.
360-737-0300
900 West 12th St., 98660
www.sheltered.org

Operation Warm Heart Financial Assistance (Public Assistance)

Helps limited-income families, who aren't eligible for other assistance, who are in crisis, pay their electric heating bills
360-992-3000
www.clarkpublicutilities.com/residential-customers/financial-assistance/operation-warm-heart-financial-assistance

Options360* (Parenting Resources)

Provides medical and educational services that equip women and their partners during pregnancy
360-687-8943
1706 W Main St., Suite 115, Battle Ground, 98604
www.options360.org

Overlake Psychiatric Services, Adult & Geriatric Psychiatric (Inpatient and Residential Treatment Facilities)

Inpatient psychiatric hospital that specializes in adult & geriatrics patients with a diagnosis from one of the major psychiatric categories
425-688-5175
1035 116th Ave. NE. Bellevue, WA, 98004
www.overlakehospital.org/department/psychiatric-services

Oxford Houses (Housing)

Self-run, self-supported recovery houses in the Vancouver area
360-984-6334
4009 NE 47th St, 98661
www.oxfordhousing.org

P

Partners in Careers (PIC) (Employment Assistance)

Job training and employment services. Open Mon - Fri, 8AM - 4PM
360-696-8417
3210 NE 52nd St., 98663
www.partnersincareers.org

Partners in Careers, Homeless Veteran Reintegration Program (Veterans Resources)

Serves homeless veterans seeking housing assistance, employment services, and/or training program connection and support
360-696-8417 ext 115
3210 NE 52nd St., 98663
www.partnersincareers.org

Partnerships for Action, Voices for Empowerment (PAVE) (Education Assistance)

Family to Family Health & Information Center services families who have children and youth, birth - 26 years, with special health care needs
www.wapave.org

Pathways Pregnancy Clinic (Parenting Resources)
Free pregnancy testing and ultrasounds; Pre-natal care and maternity support 360-834-2829 2926 E Str., Washougal, 98671 www.pathways180.com
PeaceHealth Behavioral Health (Counseling and Mental Health Support)
Mental health counseling and medication management; open Monday-Friday, 8 AM - 4:30 PM 360-696-5300 3400 Main St., 98663 www.peacehealth.org/southwest/behavioral-health
PeaceHealth Behavioral Health, ADAPT Program (Counseling and Mental Health Support)
Monday-Friday, 8 AM - 3:30 PM voluntary day-program for people living with mental health symptoms 360-696-5300 3400 Main St., 98663 www.peacehealth.org/southwest/behavioral-health/adapt
PeaceHealth Sleep Center (Sleep Disorders)
Obstructive Sleep Apnea, Insomnia, Restless Legs Syndrome, Periodic Limb Movement Disorder, Narcolepsy, Parasomnias 360-514-6390 505 NE 87th Ave Suite 460, 98664 www.peacehealth.org/phmg/vancouver/sleep-disorders
Planned Parenthood, Vancouver (Medical, Dental, and Vision Support)
Birth control, HIV testing, men's health care, morning-after pill, pregnancy testing, STD testing & treatment, women's health care 1-888-875-7820 11516 SE Mill Plain Blvd., 98684 www.plannedparenthood.org/health-center/washington/vancouver/98684/vancouver-health-center-2455-91400
Portland/Vancouver Hearing Voices Network (Schizophrenia)
Oregon based education and support effort dedicated to promoting mental diversity and supporting the voice-hearing community in the Portland and surrounding areas info@hearingvoicesusa.org Oregon & surrounding areas www.portlandhearingvoices.net www.hearingvoicesusa.org/find-a-group/details/1/165-vancouver-hearing-voices-social-support-group
Providence Pacific Campus-Fairfax, Adult Psychiatric (Inpatient and Residential Treatment Facilities)
Inpatient psychiatric hospital that treats adults on both a voluntary and involuntarily basis 425-284-8300 916 Pacific Ave. Everett, WA, 98201 www.fairfaxhospital.com/contact

Providence Sacred Heart Medical Center (Inpatient and Residential Treatment Facilities)

Inpatient psychiatric hospital that treats adults between the ages of 18 and 55, & seniors aged 56 and over
509-474-3131
101 West 8th Ave. Spokane, WA, 99204
www.washington.providence.org/services-directory/services/p/psychiatric-inpatient-services

R

Rainer Springs (Inpatient and Residential Treatment Facilities, PTSD, Schizophrenia)

Inpatient and addiction treatment program for adults
360-869-0111
2805 NE 129th St., 98686
www.rainersprings.com
www.rainersprings.com/what-we-treat/mental-health/post-traumatic-stress-disorder-ptsd

REACH Community Development (Housing)

Rental communities for low income families and individuals
360-326-4647
4150 SW Moody Ave., Portland, OR, 97239
www.reachcdc.org

Recovery Resource Center (Counseling and Mental Health Support)

A positive recovery environment that includes self-help meetings, educational classes, and a bookstore
360-787-9315
9317 Hwy 99, Suite M, 98665
www.lifelineconnections.org/locations/recoverresourcecenter

Restless Legs Syndrome Foundation (Sleep Disorders)

Advocacy, education, & support groups
512-366-9109
3006 Bee Caves Road, Suite D206, 78746
www.rls.org

Returning Veterans Project (Veterans Resources)

Provides free, confidential mental and physical health services to post-9/11 war zone veterans and their families
503-954-2259
PO Box 14035 Portland, 97293
www.returningveterans.org

Ricky's Law (Involuntary Treatment Laws in WA)

Ricky's Law was passed to insure that involuntary treatment for substance use for adults and youth. Involuntary detainment to a secure withdrawal management and stabilization facility for adult and youth under designated crisis responders orders
www.hca.wa.gov/about-hca/behavioral-health-recovery/ricky-s-law-involuntary-treatment-act

S

S.A.F.E. Alternatives (Self-Abuse Finally Ends) (Self-Harm)

Nationally recognized treatment approach, professional network, and educational resource base, which is committed to helping you and others achieve an end to self-injurious behavior.

1-800-DONT-CUT

www.selfinjury.com

Salvation Army Hygiene Center (Day Centers)

For homeless to get a private shower and hygiene kit. Open Tues - Fri, 9AM - 4 PM

360-835-3171

1612 I St., Washougal, 98671

www.washougal.salvationarmy.org

Salvation Army, Longview (Clothing, Food, Household Goods)

Food pantry and meal programs

360-423-3992

1639 10th Ave., Longview, 97632

www.longview.salvationarmy.org

Salvation Army, Vancouver (Clothing, Food, Household Goods)

Food pantry and meal programs

360-892-9050

1500 NE 112th Ave., 98684

www.vancouver.salvationarmy.org/vancouver_us_west

Salvation Army, Washougal (Clothing, Food, Household Goods)

Food pantry and meal programs

360-835-3171

1612 I St., Washougal, 98671

www.washougal.salvationarmy.org

Schizophrenia.com internet community (Schizophrenia)

Schizophrenia Support Forums and in-depth Treatment and Recovery information for families and individuals dealing with schizophrenia.

www.schizophrenia.com

SeaMar Behavioral Health, 109th Ct. (Counseling and Mental Health Support)

Mental health assessments, case management for adults and children, individual and group therapy

360-566-4432

5501 NE 109th Ct., 98662

www.seamar.org/clark-bh-vancouver.html

SeaMar Behavioral Health, Child & Family Services (Counseling and Mental Health Support, Youth Resources)

Mental health assessments, case management for adults and children, individual therapy, family therapy, group therapy, medication management
360-558-5790
11801 NE 65th St., Suite A, 98662
www.seamar.org/clark-bh-family-vancouver.html

SeaMar Behavioral Health, Delaware (Counseling and Mental Health Support, Medical, Dental, and Vision Support)

Mental health assessments, case management for adults and children, individual and group therapy
360-566-4402
7410 Delaware Ln., 98664
www.seamar.org/clark-bh-vancouver-delaware.html

SeaMar Behavioral Health, Salmon Creek (Counseling and Mental Health Support, Medical, Dental, and Vision Support)

Mental health assessments, case management for adults and children, individual and group therapy
360-397-9211
14508 NE 20th Ave., 98686
www.seamar.org/clark-bh-vancouver-salmon-creek.html

SeaMar Behavioral Health, Substance Abuse (Counseling and Mental Health Support)

Mental health assessments, individual and group therapy, substance use disorder treatment
360-558-5790
11801 NE 65th St., Suite C, 98662
www.seamar.org/clark-bh-vancouver-sud.html

SeaMar Community Health Centers, Battle Ground (Medical, Dental, and Vision Support)

Medical care with a sliding scale or state insurance, specializing in Latinos health, Mon - Fri, 8AM - 5PM
360-342-8060
118 S Parkway Ave., 98604
www.seamar.org/clark-medical-battle-ground.html

SeaMar Community Health Centers, East Vancouver (Medical, Dental, and Vision Support)

Medical care with a sliding scale or state insurance, specializing in Latinos health, Mon - Fri, 8AM - 5PM
360-726-6720
19005 SE 34th St., 98683
www.seamar.org/clark-medical-vancouver-eastvancouver.html

SeaMar Community Health Centers, Fourth Plain (Medical, Dental, and Vision Support)

Medical care with a sliding scale or state insurance, specializing in Latinos health, Mon - Fri, 8AM - 5PM
360-947-2550
6100 NE Fourth Plain Blvd., 98661
www.seamar.org/clark-medical-vancouver-fourth-plain.html

SeaMar Community Health Centers, Women's Clinic (Medical, Dental, and Vision Support)

Medical care with a sliding scale or state insurance, specializing in Latinos health women's health, maternity services, and referrals, Mon - Fri, 8AM - 5PM
360-892-0208
15408 NE 20th Ave., Suite 300, 38686
www.seamar.org/clark-medical-vancouver-womens-health-clinic.html

SeaMar Dental Clinic, East Vancouver (Medical, Dental, and Vision Support)

Preventive and emergency dental care for adults and children. Open Mon - Sat, 8AM - 5PM
360-726-6730
19005 SE 34th St., 98683
www.seamar.org/clark-dental-vancouver-eastvancouver.html

SeaMar Dental Clinic, NE 88th (Medical, Dental, and Vision Support)

Preventive and emergency dental care for adults and children. Open Mon - Sat, 8AM - 5PM, Saturdays for women and children only
360-574-4074
1412 NE 88th St., 98665
www.seamar.org/clark-dental-vancouver.html

SeaMar Dental Clinic, Salmon Creek (Medical, Dental, and Vision Support)

Preventive and emergency dental care for adults and children. Open Mon - Sat, 8AM - 5PM
360-558-5700
14508 NE 20th Ave., Suite 301, 98686
www.seamar.org/clark-dental-vancouver-salmoncreek.html

SeaMar-CVAB, 39th St. (Counseling and Mental Health Support)

Outpatient counseling, community support team, DBT, PACT team, wellness program, jail re-entry, addiction programs, homeless services
360-546-1722
317 E 39th St., 98663
www.seamar.org/csnw.html

SeaMar-CVAB, Battle Ground (Counseling and Mental Health Support)

Outpatient counseling, community support team, DBT, PACT team, wellness program, jail re-entry, addiction programs, homeless services
360-723-0848
11117 NE 189th St., Suite 301, 98604
www.seamar.org/csnw.html

SeaMar-CVAB, Fourth Plain (Counseling and Mental Health Support)

Outpatient counseling, community support team, DBT, PACT team, wellness program, jail re-entry, addiction programs, homeless services
360-558-5795
1601 E Fourth Plain, Bldg 17, Suite B222, 98661
www.seamar.org/csnw.html

SeaMar-CVAB, Town Plaza (Counseling and Mental Health Support)

Outpatient counseling, community support team, DBT, PACT team, wellness program, jail re-entry, addiction programs, homeless services
360-831-0904
5411 E Mill Plain Blvd., Suite 16, 98661
www.seamar.org/csnw.html

Second Hand Solutions Thrift Store (Clothing, Food, Household Goods)

Mon - Tues, Thurs - Fri, 10 AM - 5 PM, Wed from 11 AM - 5 PM
360-735-5943
915 West 13th Street Vancouver, 98660
www.sheltered.org/second-hand-solutions-thrift-store

Second Step Housing (Housing)

Provides housing and services to low income families, homeless individuals, and families in a group living environment
360-852-8510
Aurora Place Apartments, 8105 NE Fourth Plain Rd., 98662
www.secondstephousing.org

Senior Citizen Rate Credit (Public Assistance)

Gives qualifying seniors a 50% credit on winter electric bills
360-992-3000
www.clarkpublicutilities.com/residential-customers/financial-assistance/all-financial-assistance-programs/senior-citizen-rate-credit

Share House (Clothing, Food, Household Goods)

Free meals for homeless and low-income members. Mon - Fri: Breakfast, 7:30-8 AM; Lunch, 12-12:30 PM; Dinner, 5-5:30 PM; Sat - Sun Breakfast, 9-9:30 AM; Dinner 3:30-4 PM
360-448-2121
1115 W 13th St., 98660
www.sharevancouver.org

Share IDA Program (Financial Assistance)

Bank savings accounts for a future asset like a house, business, or higher education with a 4:1 match
360-952-8204
2306 NE Andresen Rd., 98661
www.sharevancouver.org/programs/share-ida-program

Share IDA Program for Clark College (Financial Assistance)

Provides an 8:1 savings match for students who qualify
360-836-2014
2306 NE Andresen Rd., 98661
www.sharevancouver.org/programs/share-clark-college-foundation-savings-program

Share Rent Well Program (Legal Assistance)
15-hour tenant education course taught by instructors focused on how to be a successful tenant and neighbor. Ends with housing opportunities 360-952-8204 www.sharevancouver.org/rent-well-tenant-education-program
SixEight Food Pantry (Clothing, Food, Household Goods)
Distributes groceries to members of the community once a week; Serves 98665, 98663, 98685, and 98686 360-524-3778 8802 NW 9th Ave., 98665 www.68church.com/ministries-2/sixeight-food-pantry
Smokey Point Behavioral Hospital Youth Wing (Inpatient and Residential Treatment Facilities)
Specializes in mental health and substance abuse inpatient treatment. 844-202-5555 3955 156th St. NE. Marysville, WA, 98271 www.smokeypointbehavioralhospital.com/inpatient
Smokey Point Behavioral Hospital, Adult Programs (Inpatient and Residential Treatment Facilities)
Specializes in mental health and substance abuse inpatient treatment. 844-202-5555 3955 156th St. NE. Marysville, WA, 98271 www.smokeypointbehavioralhospital.com/inpatient
Social Security Administration (Public Assistance)
Apply for Social Security disability benefits and supplemental security income. Apply for social security care, benefits, appeals, and more 360-696-5651 805 Broadway St., Suite 500, 98660 www.ssa.gov
Social Security Insurance (Financial Assistance)
Financial support for those with disabilities who cannot work because of medical or severe mental chronic or fatal issues 800-722-1213 805 Broadway St., 98660 www.ssa.gov/benefits/ssi
Southwest Washington Crisis Line (Hotlines, Youth Resources)
Crisis services available 24/7 run by mental health professionals and peer counselors 360-696-9560 800-626-8137 6926 NE Fourth Plain Blvd, 98661 www.wa.beaconhealthoptions.com/about-us/services/swwa-crisis-system
Special Learning, Inc. (Autism and Asperger's)
Online-only training for parents, educators, and caregivers of the special needs population www.special-learning.com

Special Needs Alliance (Legal Assistance)

Attorneys for special needs planning including SSDI, special needs trusts, and life care planning
www.specialneedsalliance.org

St. Vincent de Paul, Battle Ground & North Clark County (Clothing, Food, Household Goods, Public Assistance)

Food, clothing, rent assistance, and utility assistance. Mon, Wed, Thurs, Fri, 9:30 AM - 12:30 PM
360-573-7199
11607 NE 87th Ave., Brush Prairie, 98662
www.stjohnsvdpbrushprairie.wordpress.com

St. Vincent de Paul, Camas & Washougal (Clothing, Food, Household Goods, Public Assistance)

Food, clothing, rent assistance, and utility assistance. Phone call only, no one on site at St. Thomas. Takes calls Mon-Thurs, 9 AM - 3 PM and Fridays, 9 AM - 12 PM
360-834-2126 ext 251
324 NE Oak St., Camas, 98607
www.svdpstthomas.com

St. Vincent de Paul, Clark County (Clothing, Food, Household Goods, Public Assistance)

Food, clothing, rent assistance, and utility assistance. Pantry open Mon, Tues, Thurs, and Fri, 9 AM - 1 PM
360-694-5388
2456 NE Stapleton Rd., 98661
www.svdpvancouverusa.org

Statewide Health Insurance Benefits Advisors (SHIBA), Clark County (Medical, Dental, and Vision Support)

Free, unbiased, and confidential assistance with Medicare and health care choices
1-800-383-2101 ext 304
6407 NE 117th Ave., Suite B, 98662
www.lowercolumbiacap.org

Statewide Health Insurance Benefits Advisors (SHIBA), Cowlitz County (Medical, Dental, and Vision Support)

Free, unbiased, and confidential assistance with Medicare and health care choices
360-425-3430
1526 Commerce Ave., Longview, 98632
www.lowercolumbiacap.org

SW WA Tween and Teen Social Club (Autism and Asperger's)

Group for youth ages 11 - 19 on the autism spectrum, their siblings, and peer mentors; \$10 per family, bring a snack; Meets 3rd Saturdays from 6-9 PM
360-852-8369
305 NE 192nd Ave., 98684
www.facebook.com/groups/aetweenteensocialclub

Swedish Hospital, Ballard Center (Inpatient and Residential Treatment Facilities)

Inpatient psychiatric hospital that treats ages 18 to 64 & accommodates both voluntary and involuntary admission criteria
206-320-2230
5300 Tallman Ave. NW. Seattle, WA, 98107
www.swedish.org/services/behavioral-health/inpatient-services

Swedish Hospital, Edmonds Center (Inpatient and Residential Treatment Facilities)

Inpatient psychiatric hospital that treats ages 18 to 64 & accommodates both voluntary and involuntary admission criteria
425-640-4090
21301 76th Ave. W. Edmonds, WA, 98026
www.swedish.org/services/behavioral-health/inpatient-services

T

Teach One to Lead One (Parenting Resources, Youth Resources)

Community mentoring program that teaches universal principles to lead at-risk kids into a life of purpose and potential
360-828-1402
4200 SE Columbia Way Ste F, 98661
www.clarkwa.t111.org

Teen Text Support Line (Hotlines)

A peer support teen line, open 12 PM - 10 PM for 14 - 20 year olds; staffed by youth under 23 years of age
207-515-8398

Tenant Union of WA – Tenant Rights Hotline (Hotlines)

Housing justice through empowerment-based education, outreach, leadership development, organizing, and advocacy.
1-206-723-0500
5425 Rainier Avenue S Ste. B, 98118
www.tenantsunion.org

The Arc of Cowlitz County (Education Assistance)

Guidance and Engagement services, long-term services to assist participation in activities, parent to parent support
360-577-9093
906 New York St., Longview, 98632
www.lifeworkswa.org/arc

The Arc of Cowlitz County, Respite Program (Education Assistance)

Gives families a break from day to day care for their child/children with developmental disabilities
360-425-5494
906 New York St., Longview, 98632
www.lifeworkswa.org/arc

The Arc, Southwest Washington (Education Assistance)

Community inclusion, guidance, and engagement services, supported living, payee/guardianship services
360-254-1562
6511 E 18th St., 98661
www.arcswwa.org

The Arc, Southwest Washington, Respite Program (Education Assistance)

Gives families a break from day to day care for their child/children with developmental disabilities
360-254-1562 ext 104
6511 E 18th St., 98661
www.arcswwa.org/programs/respite

The Center – A Place of HOPE (PTSD)

Post-traumatic stress syndrome whole-person care
1-888-771-5166
547 Dayton St Edmonds, WA, 98020
www.aplaceofhope.com

The Children's Center (Autism and Asperger's, Counseling and Mental Health Support, Youth Resources)

Assessments, counseling, and medication services, mental health services for children including ADHD, sex abuse recovery, and more
360-699-2244
13500 SE 7th St., 98683
www.thechildrenscenter.org

The Council for the homeless (Housing)

Rental assistance, housing or shelter in Clark County Monday – Friday, 9:00 am – 8:30 pm;
Wkends & Holidays, 11:00 am – 8:30 pm
360-695-9677
2306 NE Andresen Rd, 98661
www.councilforthehomeless.org

The Proto-Cathedral of St. James the Greater (Clothing, Food, Household Goods)

Free meal every Thursday from 5-6:30 PM in the Lower Hall. Distributes clothing on the 3rd Thursday of the month during meal. Food distributed every Friday from 1-2 PM in the Lower Hall
360-693-3052
218 W 12th St., 98660
www.protocathedral.org

The Recovery Village Ridgefield (Self-Harm)

Individual and group therapies which can target issues relating to both addiction and self-harm.
360-857-0007
888 Hillhurst Rd, 98642
www.ridgefieldrecovery.com/treatments/co-occurring-disorders/self-harm

The Trevor Project (Hotlines)

Crisis line for LGBTQ young people, open 24/7/365
866-488-7386
Text START to 678678,
www.thetrevorproject.org

The Vancouver Clinic Sleep Center, 172nd Ave. (Sleep Disorders)

Obstructive Sleep Apnea, Insomnia, Restless Legs Syndrome, Periodic Limb Movement Disorder, Narcolepsy, Parasomnias
360-882-2778
501 SE 172nd Ave, 98684
www.tvc.org/services/sleep-medicine

The Vancouver Clinic Sleep Center, Main St. (Sleep Disorders)

Obstructive Sleep Apnea, Insomnia, Restless Legs Syndrome, Periodic Limb Movement Disorder, Narcolepsy, Parasomnias
360-882-2778
2005 W Main Street, 98604
www.tvc.org/services/sleep-medicine

There is Always Hope (Alzheimer's and Dementia)

A dementia support group to caretakers of those with memory loss; Several groups all over Vancouver
360-513-5754
9901 NE 7th Ave., Suite 212, 98685
www.hopedementiasupport.org

Transitional Youth (Youth Resources)

Reaching homeless youth on the streets with meals, relationships, and more
503-350-7215
1500 NW 167th Pl., Beaverton, 97006
www.transitionalyouth.org

Transitional Youth, Junction House (Youth Resources)

Safe and sober house for homeless males 18-25
503-350-7215
Vancouver
www.transitionalyouth.org/programs

Transitional Youth, Vida's Ark (Youth Resources)

Safe and sober house for young mothers 18-25 and their babies
503-350-7215
Vancouver
www.transitionalyouth.org/programs

TransLife Crisis Hotline (Hotlines)

Free crisis hotline staffed by operators who are trans identified. If you are trans or questioning and experience a crisis or just need to talk
877-565-8860
www.translifeline.org

Tricia Walsh-Coughlan, M.S., E.D. (ADD/ADHD)

Private counselor who works with children and adolescents with ADHD, ADD, and related conditions

360-521-3092

601 Main St., Suite 201 & 211, 98663

www.vancouvercounselingandtutoring.com

Trinity Mission Cupboard (Clothing, Food, Household Goods)

Food pantry open the 3rd Friday of the month from 10 AM - 2 PM

360-693-4271

6700 MacArthur Blvd., 98661

www.trinityvanwa.com

V

VA American Lake Division (Inpatient and Residential Treatment Facilities)

Inpatient psychiatric hospital that treats veterans dealing with military related PTSD, including military sexual trauma

253-582-8440

9600 Veterans Dr SW, Tacoma, WA, 98498

www.pugetsound.va.gov/pressreleases/VA_Puget_Sound.asp

VA Housing Assistance Program (Veterans Resources)

Partners with HUD to find and sustain permanent housing, provides grant and per diem program, low-income case management and support

1-800-698-2411

www.va.gov/homeless/housing.asp

VA Portland Medical Center, Mental Health (Veterans Resources)

Mental health counseling including PTSD, residential rehabilitation, and substance abuse treatment

503-273-5187

1601 E Fourth Plain Blvd., Bldg 11, 98661

www.portland.va.gov/locations/vancouver.asp

VA Portland Medical Center, Vancouver Office (Veterans Resources)

Primary care, mental health, audiology, cardiology, dermatology, ophthalmology, optometry, specialty care, dental services

360-759-1901

1601 E Fourth Plain Blvd., 98661

www.portland.va.gov/locations/vancouver.asp

VA Vocational Rehab and Employment Office (Veterans Resources, Employment Assistance)
Education and career counseling, transition assistance, vocational rehabilitation, and employment assistance
503-412-4577
1601 E Fourth Plain Blvd., Bldg 18, 98661
www.portland.va.gov/locations/vancouver.asp

Vancouver Housing Authority (Housing)
Subsidized and affordable housing
360-694-2501
2500 Main St., 98660
www.vhousa.org

Vancouver Lions Club (Medical, Dental, and Vision Support)
Free or low-cost eyeglasses to residents of Clark County who qualify
www.vancouverlions.org

Vancouver Sleep Center, 12th St. (Sleep Disorders)
AASM accredited comprehensive sleep center
360-839-4532
16219 S.E. 12th Street, Suite #206, 98683
www.vansleep.net

Vancouver Sleep Center, 139th St. (Sleep Disorders)
AASM accredited comprehensive sleep center
360-839-4532
2101 NE 139th St, Suite #285, 98686
www.vansleep.net

Vancouver Sleep Center, Hudson St. (Sleep Disorders)
AASM accredited comprehensive sleep center
360-839-4532
1700 Hudson St, Suite #202, 98632
www.vansleep.net

Veteran's Administration (PTSD)
Website for resources, services, & eligibility for Veterans
360-725-2220 & 1-800-562-2308
www.dva.wa.gov/benefits/ptsd

Veterans Crisis Line (Hotlines)
Crisis Line for Veterans
1-800-273-TALK (8255)
www.veteranscrisisline.net

VHA Special Needs Housing (Housing)

Vancouver Housing Authority's housing for people with chronic mental illness and/or physical disabilities
 360-993-9575
 2500 Main St., 98660
www.vhausa.org/subsidized-housing/special-needs-housing

W**WA State Child Abuse Hotline, (Hotlines, Parenting Resources, Youth Resources)**

Washington State's toll free, 24/7 hotline for suspected child abuse or neglect
 1-866-ENDHARM (363-4276)
www.atg.wa.gov/child-abuse-neglect

WA State Homeless Education Liaison (Parenting Resources)

Support for the education of homeless students in school programs; Melissa Newhouse,
melissa.newhouse@vansd.org
 360-313-1483
 2901 Falk Rd, 98661
www.k12.wa.us/student-success/access-opportunity-education/homeless-education

Washington Connection (Public Assistance)

Connects families and individuals with food, cash, child care, long-term care, medicare savings, and more
www.washingtonconnection.org/home

Washington Department of Veterans Affairs (Veterans Resources)

Counseling, support center, claims assistance, education and training, employment assistance, housing, and more
 1-800-562-2308
 1102 Quince St. SE, Olympia, WA
www.dva.wa.gov

Washington Law Help (Legal Assistance)

Legal directory, information, and referrals. Runs the CLEAR hotline and the Clark County Volunteer Lawyers
www.washingtonlawhelp.org

Washington Recovery Help Line (Hotlines)

24-hour help for substance abuse, problem gambling, and mental health
 866-789-1511
www.warecoveryhelpline.org

Washington State Domestic Violence Hotline (Hotlines)

We answer the call to support and shift power back to those affected by relationship abuse
 1-800-562-6025
www.wscadv.org/get-help-now

Western State Hospital (Inpatient and Residential Treatment Facilities)

Inpatient psychiatric hospital for individuals with serious or long-term mental illness
253-582-8900
9601 Steilacoom Blvd, SW, Lakewood, 98498
www.dshs.wa.gov/bha/division-state-hospitals/western-state-hospital

Women's Housing and Transition (WHAT) (Housing)

Shelter for at-risk women in St. Luke's
360-696-0181
426 E Fourth Plain Blvd., 98663
www.stlukeswa.church

Women's Recovery Center (Counseling and Mental Health Support)

Substance use residential services for women and women with young children
360-690-3069
1601 E 4th Plain Blvd Bldg. 17, 98661
www.lifelineconnections.org/hours-phones

Woodland Action Food Bank and Thrift Store (Clothing, Food, Household Goods)

Food distributed Saturdays, 9:00 - 4:45 PM. Thrift store open Tues - Sat, 11 AM - 4 PM
360-225-9998
736 Davidson Ave., Woodland, 98674
www.woodlandaction.org

Workit Health (Counseling and Mental Health Support)

100% virtual telemedicine addiction (drugs, alcohol, and behaviors) treatment
www.workithealth.com/schedule-a-clinic-appointment
www.workithealth.com/locations/washington

WorkSource, Cowlitz (Employment Assistance)

Workshops, hiring events, connects employers and job seekers. Open Mon-Thur, 8 AM - 5 PM, Fri 9:30 AM - 5 PM
360-577-2250
305 S Pacific Ave., Suite 101, 98626
www.worksourcewa.com

WorkSource, Vancouver (Employment Assistance)

Workshops, hiring events, connects employers and job seekers. Open Mon - Tues, Thur - Fri, 8 AM - 5 PM, Wed 9:30 AM - 5 PM
360-735-5000
204 SE Stonemill Dr., Suite 215, 98684
www.worksourcewa.com

X

Xchange Recovery Service (Counseling and Mental Health Support)

Drug and alcohol support service every Saturday night at 6 PM at Faith Center Church
360-687-8555
11608 NE 107th St., 98662
www.driveoutaddiction.com

Y

Youth Mobile Crisis Intervention (YMCI) (Hotlines)

Mobile crisis intervention services from 9 AM - 11 PM, 7 days a week for youth under 18
360-567-2211
9300 NE Oak View Dr., Suite B, 98662
www.ccsww.org

YouthLine, call (Youth Resources)

Support line for teens 13-21; from 4 - 10 PM every day; adults available all day every day
1-877-968-8491
5100 SW Macadam Ave. Suite 400, Portland, 97239
www.oregonyouthline.org

YouthLine, chat (Youth Resources)

Chat online with a teen from 4 - 10 PM every day
5100 SW Macadam Ave. Suite 400, Portland, 97239
www.oregonyouthline.org

YouthLine, text (Youth Resources)

Text "teen2teen" to 839863 from 4 - 10 PM every day
"teen2teen" to 839863
5100 SW Macadam Ave. Suite 400, Portland, 97239
www.oregonyouthline.org

Y's Care Children's Program (Parenting Resources)

High-quality preschool education to children and families from homeless, transitioning, or low-income circumstances
360-906-9128
3606 Main St., 98663
www.ywcaclarkcounty.org/what-we-do/our-programs/ys-care-childrens-program

YWCA CASA Program (Youth Resources)

Advocate for children in the dependency system as a result of abuse, neglect, or abandonment
360-696-0167
3609 Main St., 98663
www.ywcaclarkcounty.org/what-we-do/our-programs/casa